



### Times Remembered Betty A. Young

BYoung505@Windstream.Net

One of my favorite memories of growing in the mid-1950s was playing dress-up with my friends and sisters.

Mrs. Blake, a friend of my mom's who owned a second-hand clothing store gave us boxes of formals, dresses and

# Playing Dress Up

high heels that we kept in the basement to play dress up. They were all colors ... blue, green, red, black with lace, yellow, and white ribbons, big cancan and wiry hoops. We dragged them out to play dress-up when our friends and cousins came to play.

The dresses started out being stored in boxes, but in all our excitement and enthusiasm they frequently were left resting on the floor. We dressed in the basement where the floors of the basement were damp to our feet and the walls were cool. There was a slight musty odor lingering in the air amongst all the other forgotten possessions and canned goods. The lighting was not very good. Aside from the lone light bulb, the two areas only had two small rectangular

windows as the only light source.

We tried the dresses on, one after another, complete with matching heels. We found whatever we could ... paper, socks or tissue to stuff into our tops. We would finally get dressed in our formal outfits and proceed up the steps onto the sidewalk. The sidewalk was in front of the house and that is where we had fashion shows and beauty pageants.

We paraded down the sidewalk, singing, smiling, laughing, and lost in our fantasy of boys, dances and dress-ups in our exquisite outfits. I impersonated Debbie Reynolds and my boyfriend was UK basketball player Billy Evans. Another friend was Elizabeth Taylor and her date was Don Mills

(he owns State Farm Insurance in Richmond now), who also was a UK basketball player in the 50s.

Time seemed non-existent for us. But soon light would change to darkness without our realizing it and it would be time to unzip, unbutton, pull down, take out, step out and finally toss our dresses and heels back into the boxes in the storage area.

Child dress-up, pretending and imagination is a wonderful thing; it's great to have dreams and role models to imitate.

Pretending and playing dress up is said to help children strengthen their imagination and helps with learning, since it's a form of make-believe and role-playing. It is usually most popular among girls from ages 4-10.

## THE ILLUSTRATED BIBLE

*The lion has roared - who will not fear? The Sovereign Lord has spoken - who can but prophesy?*

AMOS 3:8

His Royal Highness by Herbert Dicksee, 1892



© 2013 by King Features Syndicate, Inc. World rights reserved.

## Estill County Department - World Breastfeeding Month

# Breastfeeding Support: Close to Mothers

Infant feeding is one of the most important decisions that new families make.

Evidence is clear that breastfeeding is the ideal way to feed an infant.

Research shows that infants who are not exclusively breastfed for their first six months of life are more likely to develop a wide range of chronic and acute diseases, including ear infections, diarrheal diseases, asthma, Sudden Infant Death Syndrome, obesity and respiratory illnesses. Mothers also benefit from breastfeeding with a decreased risk for breast and ovarian cancers.

Despite most mothers wanting to breastfeed, many are met with multiple and complex barriers that keep them from achieving their personal breastfeeding goals. Support and encouragement from all angles can make

success possible for mothers who wish to breastfeed. Negative attitudes and practices of the mother's closest support network can pose a sizeable barrier, making it difficult for mothers and babies to successfully breastfeed.

"Learning how to breastfeed takes time and patience for new mothers and infants. It is important to remember that families, friends, health-care providers, employers, childcare providers, communities, and even the media play a crucial role in mother's overall success with breastfeeding," said Elizabeth Brooks, President of the International Lactation Consultant Association® (ILCA)

If you would like more information on the benefits of breastfeeding or breastfeeding support, please call the Estill County Health Department at 606-723-5181.



"Learning how to breastfeed takes time and patience for new mothers and infants . . ."

\*\*\*\*\*

☺ **NEED A PLACE TO STAY IN IRVINE???** ☺

**BERGMAN HOUSE  
BED & BREAKFAST**  
233 MAIN STREET  
**513-205-9113**

Reasonable Rates

[www.bergmanhouse.com](http://www.bergmanhouse.com)

\*\*\*\*\*

**True Vine Ministries**  
102 River Drive, Irvine  
**Sunday Services**  
10 a.m. and 6 p.m.  
Terry Barnes, Pastor  
*Everyone Is Welcome!*

**The Old Crow's Nest**  
99 River Drive, Irvine  
**Stop By And See Us for Variety and Great Prices**

- Several Booths
- Full Service Florist
- Large Selection
- Antiques & More

Find us on Facebook

Open Monday - Saturday, 9 a.m. - 5 p.m.  
(606) 726-0321 or (606) 726-9892

## Reason to Rejoice

by BOB CASEY, Preacher, Church of Christ

There is no doubt, at least in the minds of Bible readers, that we are now living in perilous times as Paul predicted in **II Timothy 3**. So, in looking at all these calamities, how does one rejoice? David the King said in **Psalm 5:11**, "But let all those that put their trust in you rejoice: let them ever shout for joy, because you defend them: let them also that love your name be joyful in you." This idea expressed here may very well hold the key to all the rest of these verses in the Bible concerning the purpose of rejoicing. God promised through Moses that the people of Israel would have everything they needed in this life, thereby they could always rejoice. But what about when things are not always good and pleasant, can one still be found rejoicing? (**Deuteronomy 1:15**). Again in **Psalm 9:13-14** here David is making his complaint before God mentioning his sufferings and hatred from men. Still he says, "That in the gates of Jerusalem he would rejoice in thy salvation." Even Solomon said in his prayer (**II Chronicles 6:41**), "Now therefore arise, O LORD God, into thy resting place, thou, and the ark of thy strength: let thy priests, O LORD God, be clothed with salvation, and let thy saints rejoice in goodness."

So, today, I know that there are many people even among us that are suffering mentally, physically, and most of all, of a lack of spiritual blessings. Why is this so? Paul wrote in **Romans 5:1-2**, "Therefore being justified by faith, we have peace with God through our Lord Jesus Christ: By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God."

Paul says in **Philippians 2:16** that eternal salvation is possible, if we are "Holding forth the word of life; that I may rejoice in the day of Christ, that I have not run in vain, neither laboured in vain." Paul says again in **Colossians 1:24** even in his sufferings and afflictions he was rejoicing for the souls that he was able to convert calling them the body, the church. So, it does not matter what we may have to endure. Notice **I Peter 4:13**, "But rejoice, inasmuch as ye are partakers of Christ's sufferings; that, when his glory shall be revealed, ye may be glad also with exceeding joy." That will be a very happy day for man, so today we can have a great day when we see a sinner converted to Christ. In **Acts 8:39** the eunuch rejoiced greatly after he obeyed the preaching of Phillip and right after his baptism he went on his way rejoicing. Then again in **Acts 16:30-35** the jailer, after having the word preached unto him he was taken the same hour of the night, and was baptized with all his house, and he was now rejoicing.

Rejoicing is a large Bible subject, but these are some of the verses that tell us why we have reason to rejoice even in the midst of this troubled world. But one day our reasons for rejoicing will all be made visible. **Hebrews 3:6** says: "But Christ as a son over his own house; whose house are we, if we hold fast the confidence and the rejoicing of the hope firm unto the end." But in **Psalm 30:5**, "For his anger endureth but a moment; in his favour is life: weeping may endure for a night, but joy cometh in the morning." You also can have reason to rejoice today, simply by obeying the gospel. We hope you would.

Sincerely, Bob Casey, Waco 1-859-369-4165

## BIBLE TRIVIA

by Wilson Casey

1. Is the book of 3 Kings in the Old or New Testament or neither?
2. "Satan" is found 15 times in the Old Testament, with 11 in which book? I Chronicles, Job, Psalms, Zechariah
3. In the sight of the

elders of Israel, where did Moses bring water out of a rock? Horeb, Carmel, Pishgah, Gilboa

4. What did Sarah say she had not done, therefore lying to God? Walking, Eating, Laughing, Lusting

5. From the gospel of John 1:1, what was "in the beginning"? The Earth, The Heavens, The Word, The Spirit

6. Of these, which isn't a biblical nationality? Amorites, Girgashites, Hivites, Woolites

## Prudential

**Paige Lisle**

REALTOR®  
Prudential Don Foster, REALTORS®  
920 Barnes Mill Rd., Suite A  
Richmond, KY 40475  
Call 859 200-4852 Office 859 623-9427  
[paigelisle1@gmail.com](mailto:paigelisle1@gmail.com)  
"For All Of Your Real Estate Needs - Call Paige"



Paige Lisle

**IRVINE 606-726-9512**

## FLEA MARKET

1197 Winchester Road Irvine, Kentucky  
**Several Booths to Choose From Primitives And Much More!**  
**Stop by and look around!**  
**Antiques, Glassware & Much More**  
**We • Buy • Sell • Trade**  
**Always Looking for Good Furniture**  
**Irvine Flea Market**  
1197 Winchester Road Irvine, KY  
Call 726-9512 Ask for Tammy

5 S. Irvine Road  
Irvine, Kentucky

## Rader's River Grill

Under the Irvine Bridge Chris Rader, Owner



"The Only Floating Restaurant in Ky."  
**Now Open 6am For Breakfast!**  
**(606) 723-6439**  
**Try Our Sunday Buffet!**