



Tam's Front Porch Ponderings
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There are times when so many random thoughts fill my head, that I can't decide where to go with them. They seem to float here and there, never quite reaching maturity, but continue to tug at me like a childhood friend, calling me to drop everything and come play. One such thought has been gently nudging me all week and has left me unsettled. I can't explain why, it just has.

My drive to work is different now that I'm back at Estill Springs Elementary after eighteen years at West Irvine. It has taken some getting used to, but I find it enjoyable to people-watch while I wait for the traffic lights to change. Some folks are in a great hurry and those are the ones to watch out for! They like to jump out in front of me and dash across the street, in too big a hurry

VA Gives Ground on Agent Orange

VETERANS POST
 by Freddy Groves

The Department of Veterans Affairs pays benefits for a number of illnesses caused by Agent Orange, including chronic B-cell leukemias, Hodgkin's disease and Parkinson's disease. For the most part, however, unless you were boots on the ground and wallowing in the stuff in Vietnam, proving exposure has been tough.

At CFB Gagetown, the VA only acknowledges a four-day window of possible exposure. Blue Water sailors have had to prove that they actually stepped foot on land or were on ships that operated in the waterways of Vietnam. Those who came in contact with the C-123K spray planes post-Vietnam were told they were unlikely to be at risk because the Agent Orange would have dried.

Officials didn't think it through. In the years before the planes were decommissioned (around 2010), they were used as medical and cargo carriers. They were still contaminated. Those affected could include National Guard, flight nurses, ground crews and flight crews. Methods of transmission would have been skin, breathing or eating. Consider: A wet wipe-down of the plane can activate the toxin. Now, for the first time, the VA has acknowledged (in the form of disability compensation to one veteran) that those who flew in the planes that dropped the Agent Orange also could be affected.

If you flew on or worked on a C-123K between 1972 and 1982, and if you're sick from Agent Orange exposure and fighting for compensation, write this down: Retired Air Force Lt. Col. Paul Bailey had his denied claim overturned and he will receive compensation "as the result of occupational hazards onboard C-123K aircrafts." He flew on the C-123K after the Vietnam War. Bailey is ill with multiple cancers.

When his plane, sent to a museum, was tested in 1994, it was discovered to still be "heavily contaminated" with Agent Orange.

Waiting For Traffic Lights To Change!

to wait for the cross walk signal. There are drivers who have the job of sight-seeing and love to see how many cycles of the Broadway and Main light they can sit through before I honk my horn, but the one sight that has stuck with me for more than a week now, has nothing to do with traffic lights or jay-walkers. Just a simple act of kindness and respect, it went something like this.

On Main Street, out of the corner of my eye, I noticed three young ladies rounding the corner of what used to be The Jewel Box. What captured my attention was their attire. Dressed in skirts, they looked very professional and were laughing together as they headed towards the Post Office. That's when I saw a man walking in the opposite direction. As he approached the women, with his package tucked under his arm, he nodded and spoke to them. It saddened me that he went unnoticed as they continued to laugh and talk with one another. Then the man did something totally unexpected, he stepped to the side and gave them the entire side-

walk in which to pass. He might as well have been invisible. Not once did I see the young ladies acknowledge his humble gesture. By then, my light was green and I inched towards where the man stood and immediately recognized him. I smiled to myself and felt proud to know him. What those ladies didn't realize was, they had just passed a true Southern Gentleman. A man who served his Country and his God with the same reverence and respect he'd

just given them. A Veteran of war; an Elder in my Church; a man whose many talents include singing and playing the harmonica. Those young ladies would never know the man that I do. How his sweet Spirit is a true testimony of God's love every day. So, let me be the one who acknowledges your humble act of kindness and respect. For being the true Southern Gentleman that you are, may I say Thank You, Thank You so very much . . . Mr. Ray Witt!

ESTILL PUBLIC LIBRARY

246 Main Street, Irvine, KY - Call 723-3030
 If school is cancelled due to icy roads, the book-mobile will run two weeks after the scheduled date.

Week of August 19-22, 2013

BOOKMOBILE SCHEDULE

MON.	TUES.	WED.	THUR.
Old Fox Road Furnace Jct. Miller's Creek Cow Creek	SI Elementary Winston Trotting Ridge Sandhill	NWisemantown Station Camp Red Lick Crooked Creek	Spout Springs Hudson Mill New Fox Road Hargett-Parvin Road

"Mommie & Me" and Storytime

Wednesdays at 10:00 a.m. and Fridays at 10:30 a.m.

ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY August 26	TUESDAY August 27	WEDNESDAY August 28	THURSDAY August 29	FRIDAY August 30
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SOUTH IRVINE BREAKFASTS

Frosted Flakes Applesauce	Strawberry Pop Tart, Fruit Cocktail	Yogurt, Banana Cheerios	Mini Waffles Pears	Cinn. Toast Crunch Bar, Apple
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SOUTH IRVINE LUNCHES

Chicken Nuggets Green Beans Carrot Sticks Tropical Fruit Ketchup	Cheese Pizza Corn Celery Sticks Peaches Dip	Taco w/Shell Lettuce, Tomato, Cheese, Pears Refried Beans Taco Sauce	Bosco Sticks w/sauce Romaine Salad Glazed Carrots Mandarin Oranges	Hot Dog on Bun Baked Beans French Fries Applesauce Gold Fish Cookie
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ESTILL SPRINGS & WEST IRVINE BREAKFASTS

Frosted Flakes Applesauce	Biscuit & Sausage Applesauce	Mini Pancakes w/syrup Raisins	Reece's Puff Cereal Banana, Toast	Hot Fudge Pop Tart Trix Cereal, OJ
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ESTILL SPRINGS & WEST IRVINE LUNCH

Chicken Nuggets Green Beans Carrot Sticks Tropical Fruit Ketchup	Cheese Pizza Corn Celery Sticks Peaches Dip	Taco w/shell or Deli Turkey Wrap Let., Tom., Cheese Refried Beans Pears	Bosco Sticks w/sauce Romaine Salad Glazed Carrots Mandarin Oranges	Hot Dog or Pork Chop on Bun Baked Beans French Fries Applesauce
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ESTILL COUNTY MIDDLE SCHOOL BREAKFAST

Toast, Pop Tart, Frosted Flakes or Mini Wheats	Pop Tart Lucky Charms Cereal, Fruit	Frosted Flakes Cheerios, Yogurt Pop Tart, Banana	Mini Waffle w/ syrup, Pop Tart Pears, Juice	Cinnamon Toast Breakfast Bar Pop Tarts, Apples
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ESTILL COUNTY MIDDLE SCHOOL LUNCH

Bosco w/Marinara Sauce or Pork Chop on bun Carrot Sticks Romaine Salad Mand. Oranges	Hot Dog or Pulled Pork BBQ on Bun Baked Beans Cucumber Slices with dip Pineapple	Chicken Nuggets w/Texas Toast or Fish on Bun Mashed Potatoes Steamed Broccoli Mandarin Oranges	Deli Turkey or Hamburger on Bun Red Peppers French Fries Watermelon	Taco w/Shell or Chicken Fajita w/shell Refried Beans Let., Tom., Cheese Salsa, Pears
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ESTILL COUNTY HIGH SCHOOL BREAKFAST

Cereal, Pop Tart, Fruit Yogurt	Sausage Biscuit, Cereal, Yogurt Fruit	Chicken Biscuit Cereal, Pop Tart, Yogurt	Egg & Cheese Biscuit, Cereal Pop Tart, Yogurt	Breakfast Pizza Cereal, Pop Tart, Yogurt
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ESTILL COUNTY HIGH SCHOOL LUNCH

Chicken Pattie on Bun or Chicken Quesadilla Mexican Rice Broccoli & Cheese, Fruit	Mr. Rib or Fish on Bun slaw Cucumber Slices Baby Bakers Fruit	Buffalo Chicken Tenders or Chicken Pattie on Bun, Fruit Glazed Carrots Green Beans	Cheeseburger or Ham & Cheese on Bun, Fruit Potato Wedges Carrot Sticks Let., Tom., Pickle	Taco w/shell or Chicken Fajita w/shell, fruit Refried Beans Let., Tom., Cheese Salsa
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RED WILLIAMS REALTY & AUCTION

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Estill Library

Teen Advisory Group

Library Seeks Teen Volunteers

The Estill County Public Library is now accepting applications for the volunteer Teen Advisory Group (TAG). Consisting of no more than 12 voting members, TAG is a 10-month commitment from teens who wish to help make the library more welcoming to younger patrons.

Previous TAG members have assisted the library with selecting materials for the YA department, developed and hosted teen programs, such as Game Night and Doctor Who Club, helped out with Summer Reading, and come up with various library book and window displays. TAG projects are only limited by the imagination, drive and desire of its members.

If you are or know a teen who would like to join the library's Teen Advisory group, stop by the library for an application. The first meeting of the 2013-14 year will be in August. For more information, contact the library at (606) 723-3030.

Monday, August 26 - Monday, Sept. 2

Temporary Closure At Estill Library

The Estill County Public Library will be temporarily closed Monday, August 26th through Monday, September 2nd in order that the following work can be performed:

- * Inventory of library items
- * Expansion of shelving space
- * Addition of public desktop computers
- * Electrical, plumbing, IT, HVAC, and concrete work
- * Re-casing of media items.

No overdue charges will be put on your account for the time of closure. If you wish to renew items, please leave a message at 723-3030. There will be no fax or photocopy service during this time.

The library will reopen on Tuesday, September 3rd.

Thursday, September 5th @ 6pm

Basics of Acting Workshop

Estill County Public Library hosts Stage Right Acting as they lead a free Basics of Acting workshop on Thursday, September 5, 2013, 6-8 p.m. The workshop is open to any adult or teenager that wants to try acting but never had the opportunity. With Estill County starting a community theater group, this workshop provides the perfect chance to learn the basics of theater and the thrill of acting in a short, friendly two-hour class. The course is taught by theater professionals that have many years of experience at the local, regional and professional level. Space is limited to allow the instructors to focus on and work with each participant significantly. Those interested in attending should contact the library before September 1st at (606) 723-3030 to sign up.

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Cured Ham	\$3 ⁵⁰ Lb.
(Whole or Sliced)	
Ham Steak	\$3 ⁵⁰ Lb.
Ham Cutlets	\$3 ⁵⁰ Lb.
(Similar to cube steak, only ham)	
Bacon	\$4 ⁰⁰ Lb.
Jowl Bacon	\$3 ⁵⁰ Lb.
Pork Tenderloin	\$4 ⁰⁰ Lb.
Pork Chops	\$3 ⁵⁰ Lb.
Spare Ribs	\$3 ⁵⁰ Lb.
Country Style Ribs	\$3 ⁵⁰ Lb.
Baby Back Pork Ribs	\$3 ⁰⁰ Lb.
Pork Burgers	\$3 ⁵⁰ Lb.
(Ground, pattied pork with no seasoning)	
Bratwursts	\$3 ⁵⁰ Lb.
Bundle packages	
1/4 processed hog	\$115.
1/2 processed hog	\$210.
Whole processed hog	\$400.