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Happy New Year!

Have A Safe and Happy New Year



Patriots Basketball – Page 13

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14 PAGES

Making New Year Resolutions



New Year's Resolutions have been a tradition for many years.

The top resolutions are losing weight, quitting smoking, falling in love, finding a new or better job, getting an education and managing finances better.

Several local residents were asked about their new year's resolutions, and all of them involved losing weight. A few years ago, that resolution tied with giving up the smoking habit.

Some of those inter-

viewed did not want to be quoted because they were afraid they would not keep their resolutions. Many of them said they had made the same resolution to lose weight in prior years.

Janice Harper works in the county clerk's office at the courthouse and has made her new year's resolution.

"I am going to lose weight," she said. "I am going to force myself to exercise."

She added that she has resolved to lose weight before but was unsuccessful.

Why? Because her goal wasn't reasonable.

"This year, I think I have a reasonable goal," Harper stated. "By Christmas I will have met my goal."

Harper is looking forward to next summer where she plans to get her exercise in a pool.

Opal Witt said she isn't going to make a resolution because she never keeps

them.

In the past, Witt said she has made resolutions to lose weight.

She has been ill this past year and has lost weight. She definitely doesn't want to lose more weight.

She has considered making a resolution to act better at her grandsons' soccer games. Andrew and Austin Witt play soccer.

"I give the refs a hard time," she laughed. "I act awful when they play soccer."

She didn't think a New Year's resolution would change her behavior at the soccer games.

Apps are popular today on computers, tablets, and smart phones. There are also apps designed to help people meet their new year's resolutions.

Some free ones include Mint for finances, Lose It for losing weight, and Quit Smoking: Cessation Nation to assist with quitting the habit.

Estill man charged in truck theft

An Estill County man has been arrested for his alleged role in stealing a truck from Powell County.

The black 1995 Toyota pickup was stolen on Friday, Dec. 20 at the E-Z Stop in Clay City while its owner was inside the business.

Clay City police began searching for the two men involved who were in a gold colored car and headed to Estill County.

Jeremy Jankowski, 21, of 2805 Jakes Heavenly Highway, was arrested by Deputy Randy Farthing in the parking lot of 82 Food Mart on December 21.

Jankowski was charged with public intoxication, receiving stolen property under \$10,000, and possession of burglary tools.

Farthing said Jankowski possessed a set of keys to

a Toyota truck which had been stolen the day before in Powell County.

The deputy stated that Jankowski gave permission for officers to search the vehicle he was driving. Deputy Farthing said that burglary tools were found in the trunk of Jankowski's vehicle. The deputy also stated that a face mask was found in Jankowski's possession.

According to Farthing, Jankowski took him to the stolen Toyota truck which was turned over to Powell County officers.

After the vehicle was found, Powell County officers charged Hunter Yates of Lilly Ferry Road with theft by unlawful taking -- auto.

Bail for Jankowski was set at \$10,000 cash on December 21.

Man is arrested for theft at mom's; items are pawned

An Irvine man has been charged with stealing from his mother.

Benjamin C. Benedict, 23, of 268 Stump Road, Irvine, was arrested December 23 on a theft by unlawful taking charge by Deputy Doc Morris.

The citation states that Morris was dispatched to 258 Stump Road to the residence of Joyce Benedict, mother of the accused.

The mom told the deputy that her son had taken several items from her home without her permission and pawned them.

A 55-inch Toshiba TV valued at \$1,800, was among the missing items. The citation states that Benjamin Benedict pawned it at

Wade's Pawn Shop in Richmond for \$250.

Several other items were pawned at Dan's Discount Jewelry in Richmond.

A \$5,000 surety bond was set for B. Benedict on December 26. Court records stipulated the bond could only be posted by the man's father, and he was to go directly to rehab. The accused was ordered to be in Estill County for court appearances only.

Court records state that B. Benedict's failure to follow the bond conditions will likely result in his bond being revoked.

Court records add that B. Benedict was arrested on a new offense while he had a case pending.



Janice Harper



Opal Witt

Obituaries

William Branham, 70

Mary E. Chism, 99

Danny Cox, 61

Pattie Freeman, 74

Norma Hall, 91

Josephine

Langworthy, 63

Ralph Morgan, 92

Charles Patrick, 56

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Independent candidate files for Irvine mayor

All three magistrates have now filed for re-election to a four-year term.

Gerald Rader, a republican, has filed for re-election to represent district 1.

Gerry Flannery becomes the second republican to file to run for magistrate in district 2. That district is represented by Earl Young who has filed for re-election and is also a republican.

Darrell W. Johnson, a democrat, has filed for re-election in district 3.

James E. "Jim" Walters has

filed to run on the independent ticket for mayor of Irvine. The mayor's term is for four years while the council members serve two year terms.

Anyone seeking a local political office may file in the office of County Clerk Sherry L. Fox until 4 p.m. on Tuesday, January 28. It is recommended that filing be done before that date.

Filing for multi-county offices, such as district and circuit judge, is done at the Secretary of State's office in Frankfort.

Tribune Adds New Sports Column

A new column is being offered to readers of The Estill County Tribune and will be appearing each week in the sports section.

Bob Watkins' "Sports In Kentucky," begins this week on Page 12.

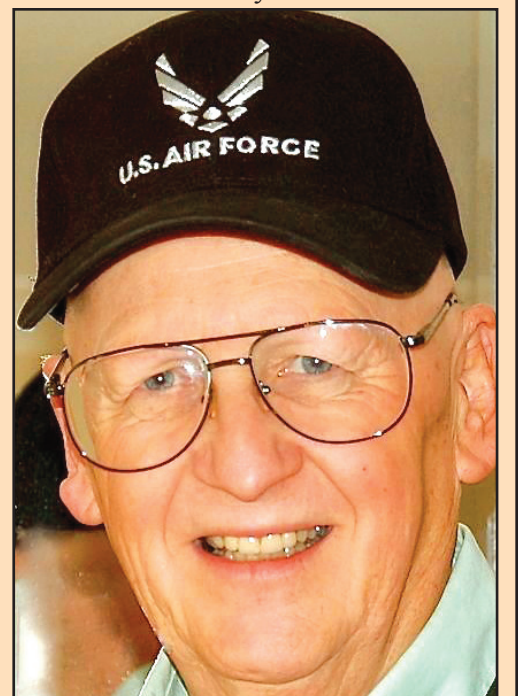
Watkins has syndicated his column since 1982, and says, "It's been a good ride."

His column appears in 34 newspapers across the state - Paintsville to Mt. Sterling & Whitesburg, to Williamstown, Gallatin County & Liberty, on to Central City, Henderson & Princeton and Hickman.

A native of Corbin (Knox County), he attended high school at St. Camillus Academy and graduated from the University of Kentucky in 1972. Watkins is a United States Air Force veteran (1960-65).

He served 16 years as the sports editor of the News-Enterprise in Elizabethtown (1972-88) and also wrote for the Kernel while at UK, the Cats Pause in 1980s and Cawood On Kentucky. Watkins freelanced for Basketball Times and USA Today. He also served at president of the AP Sports Editors Association in the 1980s.

Watkins has been married for 43 years and has three daughters. He lives at Glendale in Hardin County.



Bob Watkins



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