



**Tam's Front Porch Ponderings**  
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# Happy New Year to All!

My first lists were simple, study hard and get good grades, make my bed every morning and be home before curfew. Then they advanced to things like save money and . . . try to be home before curfew. As a young person, my lists grew longer and longer and a whole year stretched out before me. I had time on my hands to accomplish everything on the piece of paper that was folded and tucked away in a little cedar box with concert ticket stubs and dried, dance flowers. Days turned into weeks, months into years, years into decades and now once more I'm staring at a blank piece of paper.

So many things have been written down over the years. Some I've accomplished while others fell by the way-

side. My intentions were always good but life just got in the way. My pen is poised and somehow I can't ponder on things yet to do...but the things I've done!

I grew up in a loving home with a wonderful Mom and Dad and sister. They supported me in everything; band, cheer leading, beauty pageants and Barbi-zon modeling. Mom didn't bat an eye when I announced one March that I would marry in June to a boy I'd dated all of two months. Thirty-two years and two children later, I'm still married to my Prince Charming!

I've lost weight only to find it again and looking back from my mirror is some silver haired woman that once had blond, Farrah Fawcett hair! Laugh lines

caress the corners of my eyes and there are days I walk a little slower thanks to my new found friend, Arthur Itis! None of that was on my list of resolutions but my life sure would have been boring without those little surprises along the way.

I've decided New Year's resolutions ARE a lovely thought and I will continue the tradition of writing things down. On this last day of 2013, I think I'll keep it simple.

#1 Whatever happens... happens.  
#2 Thanks for the memories.

And there you have it, my New Year's Resolutions! I hope 2013 has been a wonderful year for you and I wish you health, happiness and prosperity in 2014!

## Estill School News

Through January 24, 2014

### Pennies For Patients at ECMS

Estill County Middle School students are participating in a service learning project to help raise money for the Leukemia & Lymphoma Society. Students are encouraged to bring in coins and participate in activities over a three-week period, January 6-24, 2014. Classrooms will collect coins daily during this time. Each student will receive a collection box to use to collect coins and transport to their classroom.

Leukemia is a blood cancer that is the most common cancer in children under 20 years old and causes more deaths than any other cancer in this age group. The school's goal for this project is \$1,000.

Wednesday, January 22nd @ 4:00 p.m.

### West Irvine SBDM Council Meeting

West Irvine Elementary will be having its site-based, decision making council meeting on Wednesday, January 22, 2014 at 4:00 p.m. at the West Irvine library. The public is welcome to attend.

Thursday, January 23, 2014 @ 4:15 p.m.

### Kynect Informational Meeting

West Irvine Elementary will be having a Kynect informational meeting for families on Thursday, January 23, 2014 at 4:15 p.m. in the West Irvine library.

Any family who has questions about Kynect or needs assistance completing the application is invited to attend. A Kynect representative will be at West Irvine Elementary to assist with answering questions and completing the online application. For more information, please call 606-723-7733.

Thursday, January 23, 2014 @ 5:00 p.m.

### West Irvine Family Fun Night

West Irvine Elementary's Family Fun Night will be held on Thursday, January 23, 5 p.m. in the West Irvine cafeteria. All students and families are welcome to attend.

## ESTILL PUBLIC LIBRARY

246 Main Street, Irvine, KY - Call 723-3030

If school is cancelled due to icy roads, the book-mobile will run two weeks after the scheduled date.

Week of January 6-19, 2014

### BOOKMOBILE SCHEDULE

MON.	TUES.	WED.	THUR.
Old Fox Road Furnace Jct. Miller's Creek Cow Creek	Winston Trotting Ridge Sandhill	Wisemantown Station Camp Red Lick Crooked Creek	Spout Springs Hudson Mill New Fox Road Hargett-Parvin Road

### "Mommie & Me" and Storytime

Wednesdays at 10:00 a.m. and Fridays at 10:30 a.m.

## Financial Aid Workshop Rescheduled For Friday

Mrs. Neal's Financial Aid Workshop that was scheduled for Monday, Jan. 6, had to be postponed due to the poor conditions of the parking lot and sidewalks! It has been rescheduled for this Friday, Jan. 10. Individual appointments will be available all day during the day; call or email Brenda Honchell, Ashley Flynn or Melissa Neal to reserve a

time. Parents can also send the information and documents with their students, and the representatives will work with the students to complete the FAFSA! A list of information needed is on the school website, and Mrs. Neal has emailed that to all parents and the students as well. Or once school is back in session, students can pick up a paper copy of this list

from the Guidance Office. The representatives will continue to work all throughout the school day Friday (starting at 8:30 a.m.) up until the time of the workshop. The group workshop will begin at 5:30 p.m. on Friday, Jan. 10 in the ECHS Computer Lab. If you cannot be there right at 5:30 p.m., please call and let them know so that if no one shows up, they

will know if/when they can leave.

If you are going to let your student do this process on your behalf during the school day, please make sure that the student has a phone number where he/she can reach you in case the representatives need more information.

Remember doing this ASAP is a NECESSITY!

## School Menus for Jan. 8-10

### South Irvine Wednesday, Jan. 8

Breakfast: Pancake Porky and Assorted Juice.

Lunch: Cheeseburger on Bun, Tater Tots, Pork & Beans, Pears.

### Thursday, Jan. 9

Breakfast: Mini Waffles, Assorted Juice.

Lunch: Pepperoni Pizza, Corn, Dill Pickle Spears, Pineapple.

### Friday, Jan. 10

Breakfast: Cereal & Yogurt, Assorted Juice.

Lunch: Chicken Pattie on Bun, Sweet Potato Fries, Green Beans, Peaches.

### Estill Springs & W. Irvine Wednesday, Jan. 8

Breakfast: Pancake Porky, Assorted Juice.

Lunch: Chicken Nuggets w/Roll, Mashed Potatoes, Peas, Peaches.

### Thursday, Jan. 9

Breakfast: Cinnamon

Toast & Cereal, Assorted Juice.

Lunch: Ravioli w/Breadstick or Fish on Bun, Glazed Carrots, Broccoli & Cheese, Mandarin Oranges.

### Friday, Jan. 10

Breakfast: Mini Waffles, Assorted Juice.

Lunch: Nacho Chips & Cheese or Turkey Wrap, Lettuce, Tomato & Cheese, Salsa, Apple.

### Estill Middle School Wednesday, Jan. 8

Breakfast: Frosted Flakes, Honey Nut Cheerios, Yogurt, Pop Tarts, Apples, Juice.

Lunch: Chicken Nuggets with Texas Toast or Fish on Bun, Mashed Potatoes, Broccoli Cheese, Mandarin Oranges.

### Thursday, Jan. 9

Breakfast: Mini Waffle w/syrup, Pop Tarts, Pears, Juice.

Lunch: Chicken Pattie or

Deli Turkey on Bun, French Fries, Pork & Beans, Applesauce.

### Friday, Jan. 10

Breakfast: Cinnamon Toast, Breakfast Bar, Pop Tarts, Apples, Juice.

Lunch: Spaghetti with meat sauce and breadstick or Mr. Rib on bun, Peas, Glazed Carrots, and Pears.

### Estill High School Wednesday, Jan. 8

Breakfast: Chicken Biscuit, Cereal, Pop Tart, Yogurt, Assorted Juices, Oranges or Apples.

Lunch: Chicken Tenders, roll or Mr. Rib on Bun, Mashed Potatoes, Broccoli & Cheese, Peach cups, Mandarin Oranges.

### Thursday, Jan. 9

Breakfast: Egg and Cheese Biscuit, Cereal, Pop Tarts, Yogurt, Assorted Juice, Oranges or Apples.

Lunch: Hot Dog or BBQ

on Bun, Baby Bakers, Baked Beans, Gold Fish Cookie, Pears, Applesauce.

### Friday, January 10

Breakfast: Breakfast Pizza, Cereal, Pop Tarts, Yogurt, Assorted Juices, Oranges or Apples.

Lunch: Chili, Crackers PB&J Sandwich, Carrot Sticks, Broccoli Bits, Pineapple, Fruit Cocktail.

## ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY Jan. 13	TUESDAY Jan. 14	WEDNESDAY Jan. 15	THURSDAY Jan. 16	FRIDAY Jan. 17
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### SOUTH IRVINE BREAKFASTS

Breakfast Pizza Assorted Juice	Cereal & Toast Assorted Juice	Biscuit & Gravy Assorted Juice	Muffins, Yogurt Assorted Juice	Mini Cinnis Assorted Juice
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### SOUTH IRVINE LUNCHES

Chicken Nuggets Texas Toast Peas Glazed Carrots Tropical Fruit	Open Face Turkey w/Gravy on Bread Green Beans Mashed Potatoes Pineapples	Taco w/Shell Let./Tom./Cheese Salsa Corn Pears	Vegetable Beef Soup w/Crackers Cheese, Broc. & Grape Tomatoes Mandarin Oranges	Hot Dog on Bun Sweet Potato Fries Green Beans Peaches
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### ESTILL SPRINGS & WEST IRVINE BREAKFASTS

Breakfast Pizza Assorted Juice	Sausage & Biscuit Assorted Juice	Mini Cinni Rolls Assorted Juice	Pop Tart, Cereal Assorted Juice	Blueberry Muffins Assorted Juice
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### ESTILL SPRINGS & WEST IRVINE LUNCHES

Chicken Pattie or Mr. Rib on Bun Mashed Potatoes Green Beans Fruit Cocktail	Pepperoni Pizza Corn Broccoli w/Dip Pineapples	Cheeseburger on Bun, Baby Bakers Let./Tom./Pickles Oranges	Corn Dog or Pork Chop on Bun Carrot Sticks w/Dip Normandy Blend Tropical Fruit	Chicken Fajita w/Shell or Chili Crispito Refried Beans Salsa, Peaches
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### ESTILL COUNTY MIDDLE SCHOOL BREAKFAST

Breakfast pizza Assorted Juice	Sausage Biscuit Applesauce Juice	Pancake Porky Applesauce Juice	Cinnamon Roll Pop Tart Cantaloupe	Blueberry Mini Muffins, Pop Tarts Yogurt, Juice
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### ESTILL COUNTY MIDDLE SCHOOL LUNCH

Bosco w/Marinara Sauce or Pepperoni Sub Romaine Salad Green Beans Applesauce	Cheeseburger or Chuckwagon on Bun, LTP Potato Wedges Peaches Cup	Chicken Tenders or Buffalo Chicken Tenders, Roll Mashed Potatoes Green Beans Apple	Nacho Cheese & Chips or Chili Crispito Salsa Refried Beans Pears	Chili & Crackers Grilled Cheese Carrot Sticks Broccoli & Cauli- flower Bits Fruit
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### ESTILL COUNTY HIGH SCHOOL BREAKFAST

Cereal Pop Tarts Yogurt	Sausage Biscuit, Cereal, Yogurt Banana or Apple	Chicken Biscuit Cereal, Pop Tart, Yogurt, Fruit	Egg & Cheese Biscuit, Cereal Pop Tart, Yogurt	Breakfast Pizza Cereal Pop Tarts
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### ESTILL COUNTY HIGH SCHOOL LUNCH

Bosco w/Marinara Sauce or Burrito w/Cheese Sauce Green Beans Normandy Blend Fruit	Spicy Chicken or Deli Turkey on Bun, Baked Beans Potato Wedges Applesauce Tropical Fruit	Chicken Rings w/Roll or Chicken Pattie on Bun Green Beans Mashed Potatoes Pears, Applesauce	Cheeseburger or Hot Dog on Bun Baby Bakers LTP, Onion Mandarin Oranges Peaches	Chicken Noodle Soup, Grilled Cheese Sandwich Carrot Sticks Broccoli Bits Pineapples, Pears
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