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Maudie's Naughties



Milk Bath

Trixie is talking to a girl at work and can't help but notice how pretty and beautiful the co-worker's skin is. So she asks her outright what makes her skin so soft and beautiful.

"Well, once a week I fill a bathtub up with milk and soak in it."

So Trixie picks up Mitzie and they drive out to the farm to talk to Howard's dad about it.

"I'd like to buy a lot of milk," says Trixie.

"How much?" asks Farmer Green.

"Well, quite a lot because I'm going to soak in it."

"Do you need pasturized?" he asks.

"No," replies Trixie. "Just up to my shoulders."

Root Hog or Die

All of us country people know what that means, whether it pertains to the farm, or trying to get by in this bad economy. You have to have raised hogs and fed them to know the true meaning, but "Root Hog or Die" seems to have more meaning to all of us, every day. But did you know who was the first person whom the phrase was attributed to -- Davy Crockett in 1834. He reportedly said in his biography, "We know'd that nothing more could happen to us if we went than if we staid, for it looked like it was to be starvation any way; we therefore determined to go on the old saying, root hog or die."

Snow Plows

Trixie is spending a couple of weeks with a cousin in Lexington. The night before the expected snowfall, they overhear the weather announcer telling everyone on that street to park on the even side of the street so the snow plow can get through.

Trixie moves her car to the even side of the street.

The next night, they hear the announcer tell them to move all cars to the odd side of the street so the snowplows can finish their job.

"I wish they'd make up their mind," says Trixie. "I'm getting tired of moving my car to one side of the street; then the other."

"Well," says her cousin, "Why don't you just put it back in the garage."

Football

Pa takes Junior and Howard to their first football game. After the game, Pa asks them how they liked it and if they wanted to come back again.

"I don't think so," says Junior.

"Me neither," adds Howard. "I've never seen that big of a fight over such a piddly amount of money."

"What do you mean, fighting over money?" asks Pa.

"You know," says Junior. "The 25 cents. They went out there and flipped a coin and after one team got it, the other team went after them screaming, 'Get the quarter back, get the quarter back!'"

Haircut

Trixie walks into the beauty shop wearing headphones and asks to get her hair cut.

"You'll have to take those earphones off."

"I can't," answers Trixie. "I'll die if I take them off."

Trixie insists that she can't take the headphones off, so the hairdresser begins to cut Trixie's hair anyway. But it is very difficult with the headphones in the way, so, after a while, Trixie falls to sleep and the hairdresser decides to remove the headphones to make the job easier. Seconds after doing so, Trixie falls out of the chair into the floor. The hair dresser checks Trixie and sure enough, she isn't breathing. The hairdresser has now idea what to do, so she decides to check the headphones. She places them to her head and she hears, "Breathe in, breathe out, breathe in, breath out."

Visible Roots

Trixie and Mitzie become so sick of hearing blonde jokes that they cut and dye their hair. A few days later, as they are out driving around the countryside, Trixie stops the car to let a flock of sheep pass.

Admiring the cute woolly creatures, Mitzie says to the shepherd, "If I can guess how many sheep you have, can I take one?"

The shepherd, always the gentleman, says, "Sure!"

Mitzie thinks for a moment and, for no discernible reason, said, "268."

This being the correct number, the shepherd is, understandably, totally amazed, and exclaims, "You're right! O.K., I'll keep my end of the deal. Take your pick of my flock."

Mitzie and Trixie carefully consider the entire flock and finally they pick the one that is by far cuter and more playful than any of the others.

When she is done, the shepherd turns to her and says, "O.K., now I have a proposition for you. If I can guess your true hair color, can I have my dog back?"

Estill County EMA/CSEPP

Winter Weather Safety Tips

from MELISSA A JESSIE, PIO
Estill County EMA/CSEPP - (606) 723-6533

After the harsh start to last week we have had some much needed relief over the weekend. However lets remember we are still in the first part of January and winter is just starting for us. I think anyone who had pipes that would freeze did that last week, but still take the time and make sure you fix things properly and insulate well. Also take the time and prepare a Disaster Supply Kit, you never know when you might need it.

Everyone is potentially at risk during winter storms. Most fatalities are indirectly related to the storm. People die from traffic accidents on icy roads, heart attacks while shoveling snow, and hypothermia from prolonged exposure to cold.

Be prepared for winter weather! Listen to NOAA weather radio or commercial radio/television to stay informed about winter storm watches, warnings and advisories.

At home and work, plan ahead for winter storms by having these in hand:

- Flashlight and extra batteries
- Battery-powered NOAA weather Radio
- Extra food and water - high energy food such as dried fruit, nuts and granola bars, and food requiring no cooking or refrigeration
- can opener
- Extra medicine and baby supplies
- First aid kit
- Heating fuel
- Emergency heat source
- Fire extinguisher
- Smoke alarm
- Make sure pets have plenty of food, water, and shelter

If you are already indoors during hazardous winter weather:

- Stay inside!
- When using alternate heat from a fireplace, wood stove, space heater, etc., use fire safeguards and properly ventilate
- Close off unneeded rooms
- Stuff towels or rags in cracks under doors
- Cover windows at night
- Eat and drink - food provides the body with energy for producing its own heat
- Wear layers of loose-fitting, lightweight, warm clothing

The best advice for traveling during forecasted winter conditions is; "simply stay at home". Only travel if necessary. However, if you must:

Before starting out in a vehicle:

- Plan your travel
- Check the weather
- Have road condition phone numbers handy
- Carry a Winter Storm Survival Kit
- Keep the gas tank near full to avoid ice in the tank and fuel lines
- Avoid traveling alone
- Let someone know your timetable and route

If you are stranded in your vehicle during hazardous winter weather:

- Stay with your vehicle
 - Take turns sleeping
 - Run the motor every hour for 10 minutes to keep warm
 - Keep windows open a little to prevent carbon monoxide buildup
 - Make sure the exhaust pipe is not blocked
 - Tie a bright cloth to the antenna
 - Exercise periodically by vigorously moving your arms, legs, toes and fingers
 - Turn on the dome light while the engine is running to aid rescuers at night
 - After the snow stops falling, raise the car hood to indicate you need help
- A good automobile Winter Safety Kit includes: cell phone and charger, blankets, flashlight and extra batteries, first-aid kit, knife, high-calorie non-perishable food, bottled water, extra clothing to keep dry, large empty can to use as

emergency toilet, tissues and paper towels, small can and waterproof matches to melt snow for drinking water, sack of sand or cat litter for traction, shovel, windshield scraper and brush, tool kit, tow rope, battery booster cables, water container, compass and road maps.

Dress for the storm if you must be outdoors during severe winter weather:

- Wear loose, lightweight, warm clothes in layers
- Remove layers to avoid perspiration and subsequent chill
- Outer garments should be tightly woven, water repellent, and hooded.
- Wear a hat --half your body heat loss can be from the head.
- Cover your mouth to protect your lungs from extreme cold.
- Mittens, snug at the wrist, are better than gloves.
- Try to stay dry

If you are caught outdoors during hazardous winter weather:

- DO NOT PANIC
- Find shelter
- Try to stay dry
- Cover all exposed body parts
- Build shelter: a lean-to, windbreak or snow cave for protection from the wind
- Build a fire for heat and to attract attention
- Place rocks around fire to absorb and reflect heat
- Melt snow for drinking water -- eating snow will lower your body temperature
- Avoid overexertion - especially when shoveling or freeing stuck vehicles

Being prepared for winter weather (just like all weather) starts at home. Be Aware, Learn How to Prepare. Visit us on the web at www.estillcountyem.com, find us on FB and follow us on Twitter.

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