



Times Remembered Betty A. Young
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January . . . a time to rejuvenate . . . but I've come to the conclusion that I'm too old, too contrary, too set in my ways, (since I retired), and pretty stubborn to start a New Year with rejuvenation.

Resolutions probably belong to the youth; by I admit I start out having good intentions in mind, such as losing weight, exercising more, keeping my filing up to date, and exercise my brain more. However, we all know where good intentions lead.

Instead, I think I'll find joy in doing something which seems to become more a part of my being with each passing year, namely, reminisce-

January -- A Time To Rejuvenate

ing about my younger days, or reflecting on the "good old days" and doing more of what I please and "piddling" whenever. Retirement is great!

After all this I do have some projects to attempt; like condensing all the stories I have written into a book, lose weight and improve fitness. I lost twenty pounds back in October but gained eight pounds back during Christmas. I really want to lose those few extra pounds if I can rid myself of my sweet tooth. I think I'll see if Dr. Hill might pull it!

If only I lived the lifestyle of my grandfather or even my father. Dad was a little overweight but he never had to take medicine; just an occasional Tylenol and he was healthy until about a year before he passed at age 91. The simple truth of the matter is, most of us don't do anything near as much manual labor as our ancestors. Sitting at a desk for thirty years wasn't manual labor for me.

We can talk endlessly about food fads, appropriate diets, organically grown food and the like, but folks in yesteryear didn't get fat

for two primary reasons. They worked off any excess calories and in many cases they didn't have junk food in the house. We just have too much junk food available now days.

Meanwhile, though, I am going to cook a big pot of mustard and turnip greens with a couple of chunks of streaked meat thrown in the pot to season them. In another pot, I'll cook sliced turnips. I like to cook them until they are tender, then mash them with butter and pepper. They are just as good as mashed potatoes. Oh! Maybe I'll make a whopping mess of ribs in the crock pot; I'll cook them till the meat is fall-off-the-bone tender, then add some black-eyed peas and corn bread and whew! What a feast.

Talking about piddling; I get that word from my Dad; he would say he was just "piddling," it could mean going to the tool shed and sharpening and cleaning tools or maybe going to the "green fly market" to tell tales, or reminisce with friends. Another added pursuit of "piddling" involved pocket knives. Whether it was whittling, sharpening, trading or doing some little task with a knife, Dad placed importance on having a good sharp knife, sharp enough to slice a finger to the bone if one wasn't careful. Then there were projects of one sort or another. These didn't involve anything urgent, or in most cases, even anything which really needed doing. On the other hand, the task was always fun and had a logical outcome in the eye of the beholder. Dad thought a session of cracking hickory nuts or walnuts and picking out the meats was a fine way

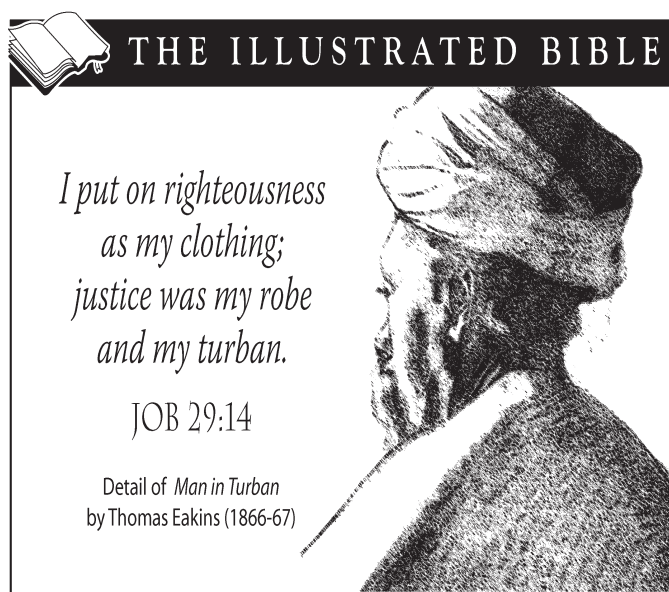
to spend an evening; according to him he was just "piddling."

Hopefully, you get the picture. My piddling tends to run in the direction of things that need to be done but have no specific time frame.

Recipe Winter Greens, (Turnip Greens, Mustard Greens or Kale)

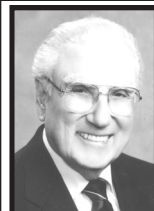
My approach to cooking winter greens is simple. Pick a big batch of greens (in my case, take two quart size packages from the freezer), and clean them thoroughly (it will take four or five washings and rinsings). Place them in a large pot and press them down as much as possible. Add two or three inches of water and turn heat on until the water comes to a rolling boil, then cut back to simmer.

You can take one or two approaches to seasoning. For taste you can't beat frying some thinly sliced pieces of streaked meat to a crisp. Set aside and pour the grease into the drained greens to season and salt them. When served, crumble the fried meat atop them, or better still, put a slice in a chunk of corn bread and eat it along with the greens. Another alternative, and it is easier is to place the uncooked meat straight in the pot of greens. As a substitute you can use bacon. Salt to taste when the greens are done You can chop a turnip or two into the pot. I like to simmer them for several hours, adding water if needed. They will be tenderer, and you can't beat the pot liquor. Incidentally, if you haven't sopped up pot liquor with a cat head biscuit or a chunk of corn bread, you haven't lived the simple dining life to the fullest.



Detail of Man in Turban by Thomas Eakins (1866-67)

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SEEDS FROM THE SOWER

Michael A. Guido, D.D. Metter, Georgia

An evangelist was visiting with a group of missionaries in South America. He asked them many questions about their work, their families, the natives in that particular country and what they missed most while they were away from their families and friends.

As he was concluding his visit, he asked one final question: "What is the greatest problem you face in your work as missionaries?" The answer surprised him.

"Inconsistent Christians," they replied. "The way they live confuses the unsaved because they are one way one day and another way the next day. They come between God and the sinner and make our work difficult!"

When we live in-

consistent lives, those around us are unable to predict the difference that Christ makes in our lives or the difference He can make in their lives. There is no path for them to follow, no promises for them to claim and no peace for their anxieties.

The life of a Christian should be a bridge to the greatness of God that reflects the power of the risen Christ and the joy that comes from the presence of the Holy Spirit flowing through our lives.

Christians are responsible for setting an example for everyone to follow because we profess to be followers of the One who is "the Way, the Truth and the Life." If we are irresponsible and inconsistent in the way we live, what do we have to offer others that is different from what the world has to offer? We must be careful not to stand or come between God and the sinner.

PS002 - January 15, 2014 Visit us at: SowerMinistries.org

Our Convenient Season

by BOB CASEY, Preacher

Church of Christ, 262 Broadway, Irvine, KY

In **Acts 24:24-27** Paul is making his defense before the Roman governor Felix. In this passage it says that he heard Paul concerning the faith in Christ Jesus. What he said involved righteousness, temperance, and judgment to come. After hearing these things, Felix trembled and said: "Go thy way for this time; when I have a more convenient season or (time) I will call for thee." Notice that the truth stirred his emotions and the reality of his sins, but the greater of these lay in the fact of the judgment to come.

The definition of convenient is: Greek dictionary - a proper time, or a set time, and in our English dictionary - a time made easier. I believe when we consider this story, a more proper time could not have been arranged. The scene is: here is God's chosen preacher, and he had the correct message, and an unconverted sinner hearing his words. We know that they reached the inner most of his being because his reaction was shown in his trembling. He had a reason for trembling. This woman named Drusilla was his third wife, and not only him, but she had broken the law of Moses to take up with this evil man having left her husband to do so. So when Paul spoke concerning temperance or self control of one's lives, he had the right subjects before him.

We might ask: what more convenient time could one be afforded at this time. We know that he could have arisen and obeyed the gospel, but he chose not to do so, saying: "Not today, but maybe another day." After preaching for over 40 years, I believe that I have met several people who fit the same criteria as Felix, but sadly they, like him, rejected this most important matter of making one's soul clear in the sight of God.

There is a great danger in procrastination because we don't know if we will ever have another time to hear and obey the gospel. Even in my lifetime I have seen it happen to several people. Paul writes strongly and alarmingly in **II Corinthians 6:2**, "Here God is saying: I have heard thee in a time accepted, and in the day of salvation have I succored thee: behold, now is the day of salvation."

The word succor means to aid - to relieve, to help. We are helpless to save ourselves within our own means, schemes, or plans, but Jesus has done all these things to help us get to heaven some day, if we will let him. But know this, we don't know how many more times we will have the convenience, or day of salvation. So why risk your hope of Heaven by putting off what you need to do, and knowing you need to do it. We stand ready and willing to meet with you to show you from the Holy scriptures what you must do to be saved. Just call us any time, 1-859-369-4165.

Send for your free Bible tract on the subject, "What must I do to be saved." We will send it to you today. Sincerely, Bob Casey, 6168 Fike Road, Waco, KY 40385

Agriculture Events

Applications due by Friday, January 17, 2014

Conservation Stewardship Program

The U.S. Department of Agriculture's Natural Resources Conservation Service (NRCS) is opening the Conservation Stewardship Program (CSP) for new enrollments for federal fiscal year 2014. Now through January 17, 2014, producers interested in participating in the program can submit applications to NRCS.

The application process for NRCS's conservation programs is continuous, but funding selections for specific programs are made throughout the year. For the Environmental Quality Incentives Program (EQIP) and Wildlife Habitat Incentive Program (WHIP) the first application cutoff period date for consideration for 2014 funds is January 17, 2014. Applications received after January 17, 2014, will be held until the next application cut off period, which will be April 18, 2014.

Learn more about CSP by visiting the NRCS website or the Estill County Conservation District at 1505 Richmond Road in Irvine, or call (606) 723-5104.

Payment due by Friday, January 24, 2014

Apple Rootstock, Strawberries & More

The Estill County Cooperative Extension Service will be ordering apple and pear rootstocks this month only. If you want to propagate a favorite apple or pear, grafting is one of the easiest ways to preserve that cultivar. To graft, you will need scion wood (terminal branch segments from last year's growth collected at the end of February) and rootstock. If you do not know how to graft, come by the office for assistance.

We typically order Malling7 (55% of standard size) and/or MM.111 (80% of standard) semi-dwarf apple rootstock and a pear rootstock. Please pre-pay your order by January 24th. The rootstocks usually arrive by the first week of March.

As an additional service to our community, we are taking orders for reasonably priced and good quality strawberry, blackberry, blueberry, raspberry, asparagus, and Candy onion plants through March 21st. Orders must be prepaid with delivery expected early April. If you are interested or need more information, call 606-723-4557.

2014 Estill County Church Basketball League

The Estill County Church Basketball League is being organized for the 2014 basketball season. Coaches, pastors and anyone interested in forming a team are urged to call Danny Click at (606) 643-5145 as soon as possible. Smaller churches may be able to field a combined team.

BIBLE TRIVIA

by Wilson Casey

1. Is the book of Ezekiel in the Old or New Testament or neither?
2. From 1 Kings 10, about how many shekels of silver did a chariot imported from Egypt cost? 10, 50, 200, 600
3. Which Psalm begins,

"The Lord is my shepherd; I shall not want?"

1st, 15th, 23rd, 40th

4. From Genesis 17:15, what was the prior name of Sarah? Sarai, Huldah, Jael, Deborah

5. Where did David cut off a corner of Saul's cloak? Achaia, Edom, Engedi, Gilgal

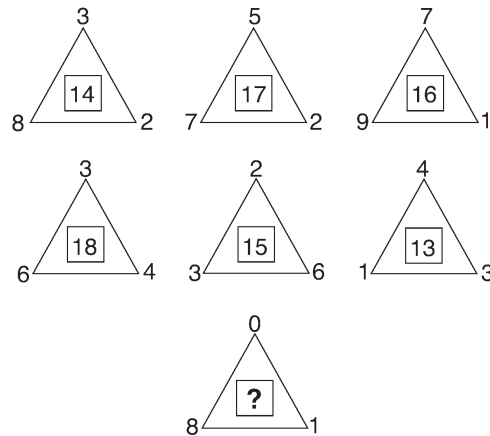
6. Who is called a "prophetess" in Exodus 15:20? Eve, Miriam, Rachel, Zipporah

Bible Trivia answers are at the bottom of Page 12

Stickeler's Puzzle

STICKELERS [sic]

by Terry Stickels



What is the missing number?

Stickeler's Answer on Page 11



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