Our 32nd Year Serving Estill County!

<EstillTribune.Com> The

Member of Kentucky Press Association

6135 Winchester Road Irvine, Kentucky 40336-8517 Phone (606) 723-5012, Fax (606) 723-2743 Email: <tribune6135@windstream.net>

Published on Wednesdays by Tracy Randall Patrick Delores L. Rowland, Editor

Subscription Prices

Estill \$17, Adj. Counties \$28, Elsewhere \$32 Periodicals Postage Paid, Irvine, KY 40336 (Permit #685-890)

POSTMASTER: Send address changes to: The Estill Co. Tribune, 6135 Winchester Rd. Irvine, Kentucky 40336-8517



Kentucky River Foothills

Providing Help With Affordable Care Act

Kentucky River Foothills Development Council, Options Program (SHOP). Qualifying small busiresidents in understanding their options for health care coverage through the Affordable Care Act (ACA), or health care law.

Obama, contains new health insurance coverage and financial assistance options for individuals and families. A key component of the ACA took effect on October 1, 2013 when Kentucky's online health care exchange, kynect, officially opened. kynect provides residents with an insurance marketplace where consumers can sort and compare plans, and find out if they qualify for federal programs or tax credits.

Community Action Kentucky (CAK) and 12 other Community Action Affiliates have been selected by the Kentucky Health Benefit Exchange to serve as "kynectors" to assist consumers who enroll for healthcare benefits through kynect.

The exchange hopes to reach about 640,000 Ken-

pronounced "connectors," to work in Clark, Estill, cess the exchange at kyenroll.ky.gov or by calling a Jackson, Madison, Powell, and Rockcastle counties toll-free hotline at 1-855- 4kynect (459-6328). providing education services and enrollment assistance to individuals for expanded Medicaid and/or in the amount of \$123,042 and will be available

Inc. (Foothills) is now offering assistance for local nesses with 2-50 employees will be eligible to participate in SHOP.

kynectors, also called navigators, are paid employees but their services will be offered free to anyone The ACA, signed on March 23, 2010 by President who wants them. This service is open to everyone, there are no income guidelines for help. Insurance plans purchased through the exchange or privately through an insurance agent or broker will cost the same whether assistance is used or not. kynectors cannot recommend plans, but can help individuals and small businesses understand the offerings and determine what is best for them.

For coverage beginning Jan. 1, 2014, enrollment must take place by Dec. 15. Open enrollment on the exchange will extend through March 31, 2014.

"Foothills' goal over the next six months is to help as many of these families as possible understand their options and sign up for affordable coverage, or to enroll in Medicaid and/or Kentucky Children's Health Insurance Program," said Shelly Howard,

Foothills kynectors will be available to attend public events, festivals and health fairs to get infornectors will also have night and weekend hours. Organizations, health care providers and civic groups are encouraged to reach out to Foothills to schedule

kynect is administered by Kentucky Health and Foothills has hired and trained three "kynectors," Human Services Department. Kentuckians can ac-

Funding for this service was provided by CAK



Barn Fire

Vandals set fire to a roll of hay in front of Pa's barn and it spreads to the barn which is totally destroyed along with the farm equipment inside. An insurance adjuster comes out and assesses the damages.

"When will we get our check for the barn," asks Ma? "We don't give you money," explains the adjuster. "We re-

place the barn and all the same equipment."

"Well, if that's the case," replies Ma, "Just cancel that little policy I have on Pa."

New Suit

Pa needs a suit really bad for the funeral of a Lexington friend. He decides to stop on the way to a little shop downtown that sells suits really cheap. He finds one he likes and tries it on. "But the left arm is a lot longer than the right arm," Pa complains.

"That's why the suit is such a bargain," the sales clerk explains. "Just lift your left shoulder up a little, like this, and tuck this left lapel under your chin a bit, like this."

"But the right leg is way too short," argues Pa.

"No problem," the sales clerk answers. "Just keep your right knee bent a little at all times, walk like this, and no one will notice. That's why this suit is only thirty dollars."

Service time is approaching so Pa buys the suit, cocks his left shoulder into the air, tucks the suit's left lapel under his chin, bends his right knee, and limps out of the store toward his car Two doctors happen along and notice him.

"Goodness," the first doctor says to the second, "Look at that poor crippled fellow."

"Yeah," answers the second one. "But his suit sure fits great!" Fungal

A couple is driving through Lexington on the weekend of the Mushroom Festival when the woman notices an unusual license plate on the car ahead of them.

"Look, Harry!" she says. "Her license plate says 'FUNGAL'. I'll bet she's going to the Mushroom Festival."

"Look again," says her husband. "That plate says, 'FUN-

GAL'..... That girl's going to party." **Sore Back**

Co-workers sympathize as a woman complains that her back is really sore from moving furniture.

"Why didn't you wait till your husband got home?"

"I could have," she says," but the couch is easier to move if

Driver's Test

Trixie lets her driver's license expire and has to retake both the written and the road exams. The examiner tells her, since you've been driving for so long, I'm only going to give you one question to answer to pass the permit test, "How many feet does it take to stop the car if you are driving 60 miles an hour and have to slam on the brakes real hard?"

"That's easy," she smiles. "I use both of them!"

She finally passes the written test and is taking the driving portion of the exam. She handles most of the maneuvers quite well, but she has a little trouble parallel parking, and winds up a couple of feet from the curb.

"Could you get a little closer?" the examiner asks.

Trixie smiles, unbuckles her seat belt, and slides over toward the examiner. "Now what?"

Oh, What a Relief It Is!

Joe and Jim are sitting in the social room of the rest home. "Guess what," says Jim. "I just had the best bowel movement that I've had in weeks.'

"That's great!" replies Joe. "But, I don't recall seeing you leave for the rest room." "I didn't . . . '

Well Treated

The governor is visiting a nursing home in Frankfort when he notices a little old lady sitting in a wheelchair. She starts to lean to one side and leans over so far it looks like she is going to tip over. The governor becomes quite concerned, but his fears are relieved when one of the staffers walks over and gently pushes her back upright. However, a few minutes later, she starts to lean in the other direction and looks like she is going to tip over again before another staff member gently straightens her up. The governor decides he is going to talk to this lady and walks over.

"Well," he asks, "Does everyone treat you well here?"

- "Yes, they do," replies the lady, "Except for one thing." "What's that," he asks?
- "They won't let you pass gas!"

Marital Bliss

A husband is watching car racing on TV while his wife is out cutting the grass. He finally works up the energy to go out and ask his wife what's for supper.

She is quite irritated about him sitting in the air conditioned house all day while she mows the grass, so she scolds him. "I can't believe you're asking me about supper right now! Just imagine I'm out of town, go inside and fix something for yourself." So he goes back in the house and fixes himself a big steak

with potatoes, garlic bread and tall glass of iced tea. The wife finally walks in about the time he is finishing up and

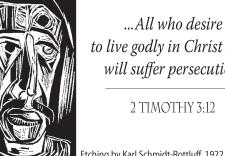
asks him, "You fixed something to eat? So where's mine?"

"Huh? I thought you were out of town."

tuckians who currently have no form of health insurance. Provisions of the ACA will start to take effect Director of Community Services. within the next six months, and include an individual mandate for health insurance that requires people to obtain coverage or otherwise pay a penalty. People mation out to the public and assist individuals. kyopting to go without coverage will be required to pay a penalty of \$95 per adult per year and \$47.50 per child or 1 percent of the family income, whichever is greater, with some exemptions for religious a kynector for an event.

Qualified Health Plans or the Small Business Health through June 2013

THE ILLUSTRATED BIBLE



to live godly in Christ Jesus will suffer persecution.

2 TIMOTHY 3:12

Etching by Karl Schmidt-Rottluff, 1922

www.tracidean.net

© 2013 by King Features Syndicate, Inc. World rights reserved.



Sammie's **Furniture & Appliances**

722 Main St., Ravenna • 723-6562 **Open Mon.-Fri., 9-6, and Sat., 9-5**

- New Appliances
- Dutch Craft Amish-Made Bedding
- New Bedroom Suites
- Bushline Living Room Suites
- Tables & Chairs Special Orders
- Free Delivery & Set Up

90 Days Same As Cash* With Approved Credit



Feeds by Produce **Pet & Livestock Feed** Cracked Corn.....50 Lbs. Horse Feed50 Lbs. Rabbit Pellets 50 Lbs. 40% Hog Supplement .50 Lbs. Pig & Show 18%50 Lbs. Starter & Grower.....25 Lbs. Starter & Grower. 25 Lbs. Layer Pellets......50 Lbs. Mineral Block......50 Lbs. Salt Block50 Lbs. Fly Block..... Trace Mineral Salt....50 Lbs. Pebble Lime50 Lbs. **Defender Dog Food ...50 Lbs.**

Dry Molasses50 Lbs. -- Now In Stock!!! --**5-Lb. Peppermint Sticks** & Gum Boots

Owlhead's Grocery

South Irvine * Phone 723-7473 Donald & Katherine Dixon, Owners We Close at 10:00 p.m.