

A Troubled Heart

by Linville Dunaway, Corinth Christian Church

John 14:1, "Let not your heart be troubled: ye believe in God, believe also in me."

Is worry a part of your life? Are you troubled by the things that are happening in our world? How about the events taking place in your own life such as sickness, problems in relationships, or some other area of life? At times we all worry, but the fact is that we shouldn't do such a thing. Be concerned, but do not worry, and, yes, there is a difference.

When we worry we do not accomplish anything positive. Some people make themselves sick if they let their worries take control of their lives. Remember Martha from **Luke 10:41**? She was working to prepare a meal and upset because Mary was not helping her. Jesus said, "Martha, Martha, thou art careful and troubled about many things: But one thing is needful: and Mary hath chosen that good part, which shall not be taken away from her." Martha was too concerned with eating and taking care of her guests, and passing up the opportunity to learn the teachings of Jesus.

Consider this also, when we worry are we not rebelling against God? When it goes from concern to worry

doesn't the person basically show the Lord that he is not to be trusted to handle the problem? Does any person really think that they are competent to take care of something, but that the Lord can't take care of it? When there is complete trust in the Lord how can there be worry and fear? Trust, or faith, can't exist along beside, fear and worry in our life for the Lord.

It comes down to this - do you, we, really believe and trust the Lord? It is easy to say that we do, but the proof comes when we face troubles. If we are scared and worried sick about the situation then where is the peace that comes from faith and love? Peace says, "The Lord's will be done." The true believer knows that God will take care of the problem. It may not be like we thought that it would be done, but he will take care of it. When we really turn it over to the Lord there will be no place for worry. However he handles the situation we will accept it and praise the Lord.

A troubled heart is unsettled and filled with questions such as, "Why is this happening to me?" The thought is often about how could such troubles come to me when I am trying to do what is right. Even the friends of Job thought that if he were righteous he would not have such bad things happen to him. With this in mind they tried to get him to confess his transgressions. Job grieved for his troubles, but his heart was steadfast in his relationship with God.

From scripture we can see those who faced persecution without giving way to doubt and fear. There was no thoughts of God having forsaking them, just a calm acceptance of his will. Joseph was one who faced disappointment after disappointment, yet never turned from his faith. There is no mention of his questioning the Lord about his slavery, or the false accusations made against him. He believed that in spite of all the things that happened to him, God had a plan for him and he was willing to be used in that plan.

Then there is Daniel and his three friends who faced death seemingly without fear. They faced a terrible death by either fire or lions, but trusted in God. Daniel knew of the law being passed forbidding prayer to his God but went to pray as usual. Shadrach, Meshach, and Abednego are wonderful examples of those who trusted God completely. When ordered to bow and to worship the idol they gave this answer to the king, "O Nebuchadnezzar, we are not careful to answer thee in this matter. If it be so, our God whom we serve is able to deliver us from the burning fiery furnace, and he will deliver us out of thine hand, O king. But if not, be it known unto thee, O king, that we will not serve thy gods, nor worship the golden image which thou hast set up." (**Daniel 3:16-18.**) No troubled heart could have given such an answer in the face of death, these were the words of faith.

Facts About The BIBLE BY JOHN LEHTI

RAVENNA Food Mart
314 Main Street
Ravenna, KY
Phone 723-6333

Owl Head's Grocery & Feed
Phone 723-7473 South Irvine, Ky.
Novelties - Open 7 Days A Week
Donald & Katherine Dixon, Owners

Advertise Here!
Call 723-5012
The Estill County Tribune

Hardy Oil Company, Inc.
74 River Drive
Irvine, Kentucky
Phone 723-3664

CASH IN A DASH Payday Loans
Buy Gold-Silver
Phone 723-0799
(Irvine, next to Bunt Gross)

Advertise Here!
Call 723-5012
The Estill County Tribune

Gum Springs Church of God
Highway 213 (Furnace Junction)
Call 723-4180
Church Services
Sunday School 10 am • Morning Worship 11:15 am
Sunday Night 6 pm • Wednesday Night 6 pm

Advertise Here!
Call 723-5012
The Estill County Tribune

Advertise Here!
Call 723-5012
The Estill County Tribune

351 **Facts About The BIBLE BY JOHN LEHTI**

Copyright © John A. Lehti, Distributor Linage-Plus, Middletown, NY NATIONAL SALES REPRESENTATIVE: Dal Advertising Service, 808 E. Ash St., Goldsboro, NC 27530

This is a dramatized version of facts taken from the Book of II Kings intending to show some of the customs of these ancient and traditional times

The Shunammite's Son

DURING THE DAYS WHILE ELISHA IS THE LORD'S PROPHET IN ISRAEL THERE LIVES A WOMAN OF GREAT WEALTH IN THE CITY THROUGH WHICH ELISHA OFTEN TRAVELS ...

...AND THE WOMAN OF GREAT WEALTH LOOKS UPON ELISHA WITH KINDNESS IN HER HEART...

BEHOLD, IS THIS NOT ELISHA GOING INTO SHUNEM?!

YES, HE PASSES THIS WAY OFTEN!

THIS MAN TRAVELS FAR—AND HE MUST BE HUNGRY!

BID THE OLD MAN COME IN, AND EAT, AND REFRESH HIMSELF!

LITTLE DOES THIS WOMAN REALIZE THAT GREAT THINGS SHALL BE DONE FOR HER BECAUSE OF HER KINDNESS TO ELISHA!

Next Week FURTHER KINDNESS!

SAVE THIS FOR YOUR SUNDAY SCHOOL SCRAPBOOK

St. Elizabeth Catholic Church
322 5th St., Ravenna, KY
Sunday Mass 9:00 am
Wednesday Mass 6:00 pm
Thursday Mass 6:00 pm
Contact: Father Al Fritsch, S.J.
(606) 723-4705

Lewis-Abner Home For Funerals
Since 1929
224 Main Irvine, KY
www.lewisfn.com
Under New Management 723-2151

Honchell's Men's & Boys' Clothing & Shoes
Tuxedo Rental Available
West Irvine Plaza
Irvine, Kentucky
Phone 723-7316

Inner Beauty Hair, Nails, Salon & Day Spa
363 Richmond Road, Irvine
Phone 723-0118
Joanna Jernigan
Owner & Master Stylist
Stephanie Isaacs
Master Stylist & Nail Tech
Sherry Harrison
Master Stylist
"For All Your Salon & Spa Needs"

Prayer Circle at Knowlton Church
Call for Prayer
Kenny - 606 723-7451
606 614-5711
606-614-9340
Benny - 859 404-8224
Betty - 859 432-0939
Dallas - 859 582-9752
Willie - 606 454-8794

Advertise Here!
Call 723-5012
The Estill County Tribune

SAVE-A-LOT
1290 Richmond Road
Irvine, Kentucky
Phone 723-6372

Roadside Mission Church of God
Welcomes You!
A Bible Teaching Church
Furnace Junction Ravenna, KY
Sunday School & Morning Worship, 10 am
Sunday Evening Evangelistic Service, 6 pm
Wed. Prayer Meeting & Bible Study, 6 pm
Radio Ministry
Sundays, 2:00 p.m. WSKV 104.9 FM

Emmanuel Baptist Church
Now at 106 Tyler Lane
Irvine, Kentucky 40336
Pastor: Sherl Thomas
Services
Sunday School 10:00 am
Sunday Worship 11:00 am
Sunday Evening 6:00 pm
Wednesday Evening 7:00 pm
Established
September 12, 1999

Warren F. Toler Funeral Home
Family Owned and Operated
99 Cedar Grove
www.tolerfuneralhome.com
Phone 723-2183
Obituary Line Phone 723-4242