The Estill County Tribune, October 21, 2015, Page 13

Time For Persimmons



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Have you ever tried a persimmon before it was ripe? Wow...that makes your mouth pucker! Why does persimmon fruit do that? Unripe persimmon fruit is high in tannins and has a bitter astringent flavor. Astringency is defined as the dry, puckering mouth feeling caused by tannins found in many fruits such as blackthorn chokecherry, bird cherry, quince and persimmon fruits, and banana skins. The tannins bind the salivary proteins, causing them to precipitate or aggregate and lead to a rough "sandpapery" or dry sensation in the mouth.

The American or comvirginiana, is a slow growing, moderately sized tree of race, color, sex, religion, disnative to Kentucky. Fruit ability or national origin.

are about 1 to 2 inches in diameter. Mature persimmon fruit may be yellow, orange, bright red, or blue in color. Fruit becomes soft and mushy while ripening. It is popularly believed that a hard frost is required to sweeten the fruit, but actually persimmons just require a long period for ripening. Edible fruits often hang on the trees through fall, and even into winter, unaffected by freezing temperatures.

Persimmons can be stored just above freezing for approximately 3 months. Ripe fruit that is still astringent can be treated with ethylene or frozen to eliminate the astringency. Drying also removes astringency.

In order to properly freeze persimmons, select ripe persimmons... sort, wash, peel and cut into sections. Press fruit through a sieve to make a puree. For a better product, add 1/8 teaspoon of lemon juice to each quart of puree. Puree made from native varieties needs no sugar added. Puree made from cultivated varieties may be packed with or without sugar. Pack unsweetened puree into containers. Leave a head space. Seal and freeze. Alternatively, you can mix 1 cup sugar to each quart and then pack into containers.

Educational programs of mon persimmon, Diospyros the Cooperative Extension Service serve all people regardless



Monday, November 2nd @ 7pm

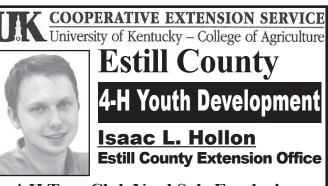
American Chestnut Restoration in Ky.

You are invited to a meeting about the American Chestnut Restoration Project on Monday, November 2nd, 7:00 p.m. at the Estill County Extension office, 76 Golden Court, Irvine, KY 40336. Our guest speaker is Scott Freidhof, Wildlife Biologist with the Kentucky Department of Fish and Wildlife.

The American chestnut tree reigned over 200 million acres of eastern woodlands from Maine to Florida, and from the Piedmont west to the Ohio Valley, until succumbing to a lethal fungus infestation, known as the chestnut blight, during the first half of the 20th century. An estimated 4 billion American chestnuts, 1/4 of the hardwood tree population, grew within this range.

The goal of the restoration project is to breed blight resistance from the Chinese chestnut tree into the American chestnut tree, while maintaining the American chestnut's characteristics. Come learn of the process and progress of this important project.

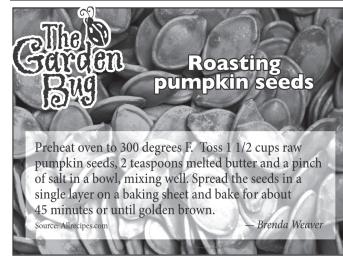
For more information, call 723-4557.



4-H Teen Club Yard Sale Fundraiser

Estill County 4-H Teen Club is having a yard sale on Saturday, November 7th, 8 a.m. to 12 noon at the Extension Office, 76 Golden Court (old Headstart Building off Stacy Ln). Proceeds will go to Relay for Life and the 4-H Teen Club.

Do you have items that you would like to donate? All gently used items are appreciated with the exception of old computers & monitors and non-functioning electronics. If you would like to donate, call the Extension Office at 606-723-4557 to make arrangements to drop off your donation.



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HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: L equals P

OSR YNOSRYNOZHZNG SNF N LRNCCP TGLRNCZIOZH SJVR. Z LRHBJG PJT HJTCF HNCC ZO "VZ ZG OSR IBP."

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CryptoQuote AXYDLBAAXR is **LONGFELLOW** One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters. apostrophes, the length and formation of the words are all hints. Each week the code letters are different. Y KVMSPH, KGXX, QOGQ

UVB OGIP MVQ WVMP ALGAO

UVB'IP OGS QV NPGH

AV LGMU ADHYNNXPHA'

QHGAO. – LGHQYGX

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Stickeler's Puzzle



At one time in the past, it was not unusual for surnames to describe occupations. For example, a *cooper* might be one who made barrels. Match the names with the appropriate occupations.

- 2. Wright

- 3 Kellogg

| 5. | INCI | 68 |
|----|------|----|
| | | |

- c. dancer 4. Thatcher
- 5. Hopper
- d. overseer of game e. hog butcher

b. woodworker

a. roofer

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Stickeler's Answer on Page 11

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| MOST WORLD SERIES CHAMPIONSHIPS | — Weekly SUDOKU — Answer | | | | | | |
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| 3 W P A | — King Crossword — Answers | | | | | | |
| answer The mathematician had a really unrealistic hope. I reckon you could call it "pi in the sky." | Solution time: 21 mins. N O R M S A C G O S H O B E Y O R A I D E A D I S O R D E R G O A L P E A O P O R T O T E P I D D D U A L O T I C D I S C O V E R A U G T E N E T E R A | | | | | | |
| answer I wonder, wall, that you have not gone smash – you've had to bear so many scribblers' trash. – Martial | A O G I E N E I I E N D I S A R M E R R E I N G A R M E A D B A S E D G A R D I S A S T E R O V A L D I S A S T E R G O R E E R E I N I <td< td=""></td<> | | | | | | |
| Bible Trivia Answers Casey's trivia book "Know It? or Not?" is available from BearManorMedia.com | AUSWERS 1) Old; 2) 100,000; 3) Jehoida; 4) Valley of Slaughter; 5) Shaphat; 6) 127 | | | | | | |



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