



Winners of the hat contest at the annual Profitt Reunion held at Carl McIntosh's Shelter Valley at Furnace were  
**TOP LEFT:** Children, left to right: Carl Fowler, most unusual; Savannah Dawson, ugliest; and Mariela Merino, prettiest. Mariela, being held by her mother, Amelia, was the youngest Profitt in attendance.



**BOTTOM LEFT,** left to right, adult: Brian Cole, ugliest; Marsha Barnes, prettiest; Sue Barnett, most unusual; and Betty Shepherd, ugliest.

**AT RIGHT:** The winner of the afghan was Tara McIntosh, shown with Madeline Wasson who made the afghan.

**NOT PICTURED:** The winner of the wreath: Larry Lane



West Irvine Intermediate School wins the attendance banner for the first month of school!! Pictured are students that had perfect attendance for the month. Left to right, front row: Jacob Neal, Maddie Jo Benton, Matthew McGee, Madison Long. Back row: Loretta Cruse, principal and Dickie Arthur, DPP.

(Photo courtesy of Dickie Arthur)



**ABOVE AND BELOW:** Customers of Jackson Energy enjoyed a good meal and treats at JE's Customer Appreciation Day.



## Estill County Middle School Students of the Week



**Chris Riddell**



**Emily McIntosh**

The Male Estill County Middle School Youth Service Center Student of the Week is **Chris Riddell!** Chris is the son of April and Scott Riddell, and is in the 7th grade. Chris said he likes to play basketball, ride bikes, play video games, and spend time with his dogs! Chris was selected for being courteous, participating, and always making a positive impact on his class.

The Female Estill County Middle School youth Service Center Student of the Week is **Emily McIntosh!** Emily is the daughter Theresa and Les McIntosh, and is in the 7th grade. Emily enjoys riding horses, making jewelry, and reading. Emily was selected for having a positive attitude, always participating, and helping her peers.

Courtesy of Kordel Day, ECMS YSC Assistant

# The right care, right here

Specialty clinics at Marcum & Wallace

The specialty care you need is right here in Irvine.

**ASTHMA, ALLERGY AND IMMUNOLOGY**  
 800-640-0246  
 Iraklis Livas, MD  
 Sara Ackerman, PA-C  
 Rose Pierson, APRN

**CARDIOLOGY**  
 Baptist Health Lexington  
 800-999-3421  
 Paula Hollingsworth, MD  
 Michael Rukavina, MD  
 Kim Case, PA-C

**BRACE & PROSTHETICS**  
 Central Brace & Prosthetics  
 877-709-7712  
 Paul Hatcher

**EMG (Electromyography)**  
 606-723-2115 (opt.3)  
 David Carr, PT, ECS

**SURGERY**  
 Mercy Surgery  
 606-726-2151  
 Richard Stone, MD

**Central KY Surgery**  
 800-559-6614  
 Hameed Koury, MD

**NEPHROLOGY**  
 Bluegrass Renal Care  
 859-263-1717  
 Ziad Sara, MD  
 Mohamad Al-Abed, MD

**NEUROLOGY**  
 Baptist Health Lexington  
 859-260-5057  
 Alexander Tikhtman, MD

**ORTHOPEDICS**  
 Kentucky Orthopedic Associates  
 859-737-5333  
 Gregory Grau, MD  
 Brandon Embry, PA-C  
 James Rice, MD

**PODIATRY**  
 859-623-3550  
 Randall Hall, DPM

**SLEEP MEDICINE**  
 606-726-2120  
 Shobhna Joshi, MD

**UROLOGY**  
 Kentucky One Health Urology  
 859-263-1300  
 John Tuttle, MD

Learn more about our specialty clinics. Call Becky Worrell at 606-726-6540.



Caring together. **MERCYHEALTH**

A Catholic healthcare ministry serving Kentucky and Ohio

4259MCWADV (8/15)

## An ECHS GEAR UP Student's Thoughts on the ACT

We hear about it all the time, our teachers have pounded it into our brains along with countless class time study hours and tricks to improve your score. Yes, it is the reason for those late night pretest cramming sessions and the hours upon hours of practice tests. I believe we all recognize the term "ACT". Many of us have already taken it and some of us are waiting until the last minute to jump on the bandwagon of trying to get a good enough score. The ACT is a test that measures how much you are able to learn. If you ask me it's just a test that tests how well you take tests. It is one of those tests that seems easier after you have taken it a few times and have learned how it works. It's just a test though, so what is the big deal about it?

The ACT is important because it can help you get into a good college. Many colleges look at your ACT score and many have a minimum score requirement to get in. Tons of scholarships have these requirements too. Remember scholarships mean money that you do not have to pay back! Also getting a really high score means that you can get your whole college paid for with little to no money coming out of your pocket. It also means you have options, you can go to the school of your choice and it will be affordable to you.

Even if you are not interested in going to college the ACT can still help you get the job you want. Several employers look at your ACT score. Since the ACT tests your ability to learn new skills and concepts, most employers do not want someone that has a low score because they are not quick to learn. Having a good score could mean getting the job you want with the salary you want.

The ACT can allow you to see where you are at academically. It shows you your academic strengths and weak-



**Estill Junior Kayla McKinney**

nesses. If your sub score is lower in one area then you know to work harder and study more in that area. It can also help you to realize that you may need a tutor or you may need to start taking your schoolwork a little more seriously.

You can take the ACT as many as twelve times. Studying the material and the patterns of the test can help to improve your score. There are many consistencies or "tricks" that can help make it easier once you learn how to recognize them. It is an important test that should be taken seriously, BUT it is still just a test and with hard work you can make the best out of it. Getting a high enough score can mean getting a free ride to college and a good job? Looks like I have got to start studying!

Junior Kayla McKinney was selected as one of the PALS (Promise Appalachian Leaders in Service) students which is a program funded by Gear Up (Gaining Early Awareness and Readiness for Undergraduate Programs).