

Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336
Call (606) 723-5012; Fax to (606) 723-2743;
or E-mail it to <News@EstillTribune.Com>

Wednesday, November 30th @ 6pm

WUM Hanging of the Greens

The Wisemantown United Methodist Church will celebrate the Hanging of the Greens on Wednesday, November 30 at 6:00 p.m. It is a service of preparation for Christ's coming which includes greenery traditionally associated with everlasting life. A meal of soups and sandwiches will be served. Please come and join us during the time of welcoming the Christmas season. The church is located at 1358 Wisemantown Road, Irvine.

Thursday, December 1st @ 11:30am

Effective Communication Strategies

Communication is more than just talking and listening – it's also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. The program will take place at the Madison County Cooperative Extension Office located at 230 Duncannon Lane, Richmond on Thursday, December 1st from 11:30 a.m. - 1 p.m. A free lunch will be provided by Arcadian Cove. To register for this program, please call 1-800-272-3900. Registration is required.

bal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease. The program will take place at the Madison County Cooperative Extension Office located at 230 Duncannon Lane, Richmond on Thursday, December 1st from 11:30 a.m. - 1 p.m. A free lunch will be provided by Arcadian Cove. To register for this program, please call 1-800-272-3900. Registration is required.

As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the ver-

Thursday, December 1st @ 5:30pm

Kiwanis Club of Irvine-Ravenna

The Kiwanis Club of Irvine-Ravenna will meet Thursday, December 1, 2016, at 5:30 p.m. at Michael's Restaurant in Ravenna. Sharon Pearson, from First Steps, will share information about the program. Recent donations have been given to the ECHS Bass Team, Estill Food Bank, Es-

still County Ministerial Association, and Kiwanis International Foundation. Service is at the heart of every Kiwanis Club, no matter where in the world it's located. Members stage nearly 150,000 service projects and raise nearly \$100 million every year for communities, families, and projects.

Fridays, 6-8pm

Estill Appalachian Dulcimers

The Estill County Appalachian Dulcimer Club will meet every Friday from 6 to 8 p.m. at the Estill County Library, 246 Main Street, Irvine, for anyone who plays an Appalachian Dulcimer. Or anyone who is interested is playing one is welcome to attend. The Appalachian Dulcimer was designated as the official state instrument of Kentucky.

Saturday, December 3rd, 7:30am-2:30pm

St. Elizabeth Basement Sale

St. Elizabeth Church, 322 5th Street in Ravenna, will be having its December Basement Sale on Saturday, December 3, 2016, from 7:30 a.m. until 2:30 p.m.

Saturday, December 3rd, 9am-Noon

Road Block for Toys for Tots

American Legion Riders, Post 79, will be having a road block on Saturday, Dec. 3 from 9 a.m. to 12 noon for Toys for Tots. All donations are appreciated. Thanks in advance.

Saturday, December 3rd - 10am-4pm

Christmas Arts & Crafts Show

The 13th annual "Christmas Arts & Crafts Show" will be Sat., Dec. 3 10 a.m. - 4 p.m. at the Central Office Gymnasium, 253 Main Street in Irvine. The Estill Arts Council will offer unique items for sale from local artists and craftsmen, live entertainment, a silent auction of arts and crafts items, concession stand, and 50/50 pot. Only original artwork, handmade crafts, and baked goods (individually wrapped) are eligible for entry. No canned goods can be sold unless home based processing approved. Demonstrations are encouraged. Application forms are available from the Citizens Guaranty Bank (River Drive), Estill County Public Library, Ravenna Greenhouse or EAC's Facebook. The cost of a 10' x 10' space will be \$15 for Estill Arts Council members and \$20 for non-Estill Arts Council members before Nov. 4. Entries postmarked after Nov. 4 will be an additional \$10. For more information call 606 723-5694 or 606 723-4652.

Saturday, December 3rd @ 10am

Kiwanis Christmas Parade and Elizabeth Witt Christmas Party

The Christmas Parade and the 36th annual Elizabeth Witt Christmas Party will be held Saturday, Dec. 3. The parade will begin in Ravenna at 10 a.m. and proceed on Broadway to the Irvine First Christian Church, 270 Main Street, where the Elizabeth Witt Christmas Party will be held. All groups, churches, fire departments, businesses, and organizations are invited to participate in the parade. The Kiwanis Club and

Mrs. Witt's party committee hope to make this a special day for children, age 12 and under, of Estill County. To register entries in the parade contact Larry Stewart at 723-4002, Richard Snowden at 723-2135, or Tom/ Francine Bonny at 723-5694. Contributions from the community are necessary for the party to continue. Donations can be made to the "Elizabeth Witt Christmas Party" at Citizens Guaranty Bank.

Sunday, December 4th @ 3pm

Estill Community Chorus to present annual Christmas Concert this coming Sunday

This coming Sunday, December 4th at 3:00 p.m., the Estill County Community Chorus will be presenting their 10th Annual Christmas Concert at Irvine United Methodist Church - 243 Main Street. They will be singing a variety of seasonal selections and a variety of familiar Christmas Carols. The Concert will be directed by Dr. Rose D. Daniels and will be accompanied by William Robinson. Aiso, the Estill County Dulcimer Club and the Irvine Methodist Church Hand Bell Choir will be performing. Donations will be accepted at the Performance.

Monday, December 5th @ 7pm

Twin City Kruzerz Membership

Twin City Kruzerz would like to invite everyone interested in becoming a member for 2017 to join us for our Christmas Party on Monday, December 19, 2016, at 6:30 p.m. The Club will furnish the turkey, dressing and dumpings. Bring a covered dish and a \$10.00 gift and join us. Anyone interested in more information can come to our meeting on Monday, December 5th at 7:00 p.m. in the Irvine City Hall or call Melvin Williams (723-5447) or Tobo Bryant (723-7248 or 3858). New members are always needed to make 2017 a fantastic year.

Tuesday, December 6th

Nutcracker Sweet at the Library

You are cordially invited to attend the library's annual Nutcracker Sweet on Tuesday, December 6th, 2016, between the hours of 12:00 Noon and 5:00 p.m. Sweet and savory treats will be provided by library staff, Friends of the Library, and the Board of Trustees. Come help us celebrate the season at Estill County Public Library, 246 Main Street, Irvine, Kentucky.

Tuesday, December 6th @ 6:00pm

Estill Historical Christmas Pot Luck

The Estill County Historical and Genealogical Society will meet on Tuesday, December 6, for the annual Christmas "Pot Luck" at the Museum on Broadway at 6 p.m. There will be a silent auction.

Tuesday, December 6th @ 6:30pm

Estill County Lions Club

The Estill County Lions Club will meet Tuesday, Dec. 6th and on the first and third Tuesday of every month at Raders' River Restaurant. The meal is at 6:30 p.m. and business meeting begins at 7 p.m. Estill County Lions Club is part of Lions Club International, with 1.35 million members in 205 countries around the world. We invite those who feel a call to make our community a better place through service to attend and learn about how Lions around the world earn our motto, "We Serve..."

Thursday, December 8th @ 6:00pm

Masons Installing New Officers

Irvine Masonic Lodge #137 F & AM will be electing and installing new officers for 2017 at the next stated meeting on Thursday December 8, 2016. Supper will be served at 6:00 p.m. The stated meeting will start at 7:00 p.m. The Lodge is located at the corner of N Lily Ave and Broadway. The installation of the new officers will be open for the public to attend. All Masons, their families and friends are invited to attend the event.

Saturday, December 10th @ 3 & 7pm

River City's "The Nutcracker"

River City Players proudly presents an all children's cast performing The Nutcracker in the Estill County High School auditorium with performances on Saturday, December 10th at 3 p.m. & 7 p.m. Doors open at 2:30 p.m. & 6:30 p.m. and Sunday, December 11th, at 3 p.m., doors open at 2:30 p.m. All seating is general admission, tickets are \$10 and will be sold at the door. Children 6 and under free.

Wednesday, December 14th @ 1:30pm

Chemical Advisory Commission

Mark your calendar for the Kentucky Chemical Demilitarization Citizens' Advisory Commission and Chemical Destruction Community Advisory Board Meeting on Wednesday, December 14 at 1:30 p.m. at E-K-U's Carl D. Perkins Building, Rooms A and B. This meeting is a good opportunity to learn more about the Blue Grass Chemical Agent-Destruction Pilot Plant at the Blue Grass Army Depot. For more information, call 6-2-6-8-9-4-4.

Through December 20th

Visitors Center Collects Socks

The Battle of Richmond Visitors Center is asking concerned individuals to drop off their new, pre-packaged socks to be delivered to the less fortunate. In its first year of collection in 2014, the Center was able to collect over 450 pairs of socks for the disadvantaged. Last year, the total nearly doubled. The Center is located just south of Richmond at 101 Battlefield Memorial Highway and is open 10-4:30, Monday through Friday and 10-2 on Saturdays. This collection program will run from Monday, November 28th through Tuesday, December 20th.

Friday, January 6th @ 9am

Retired Co. C Guard Breakfast

Attention: All retired and old National Guard members of Charlie Company 1/149th. There will be a breakfast at Cracker Barrel, in Richmond, on Friday, January 6th and on the first Friday of each month at 9 a.m. All are invited and welcome. Hope to see you there!

Kitchen Diva Rotisserie Chicken to The Rescue

by ANGELA SHELF MEDEARIS

I love using rotisserie chickens in my recipes when I'm pressed for time. Rotisserie chickens are reasonably priced, convenient, come seasoned in a variety of ways and can be transformed into a multitude of quick and easy main-dish meals. Best of all, if you purchase a plain, roasted chicken, you can use the bones to make a rich, homemade chicken stock or enhance the flavors of pre-packaged stocks or broths, so nothing goes to waste.

Most rotisserie chickens are large enough to serve at least four people as a main course. Or, you can pull the meat from the bones and use it in recipes that call for pre-cooked chicken. Shredded chicken can be used in recipes from salads, sandwiches and soups to enchiladas or chicken pot pies.

Using a pre-cooked chicken gives you the opportunity to explore new and unusual recipes that would ordinarily take a lot of time to prepare. This recipe for Speedy Mediterranean Chicken is ready in just 30 minutes and imparts all the exotic spices and flavors of the traditional recipe. A rotisserie chicken seasoned with lemon pepper is perfect for this dish.

The flavors used are reminiscent of an exotic Moroccan tagine, which typically combine lamb, chicken or beef with a variety of ingredients and seasonings, including citrus fruits, nuts, honey and pungent spices. This recipe blends spicy salsa and curry powder and adds a hint of sweetness by incorporating honey and raisins with spectacular results. Toasting the curry powder in the oil first gives the dish an authentic taste and brings out the flavors of the spice. Serve with hot cooked couscous or rice to make the most of the savory sauce that envelops the chicken.

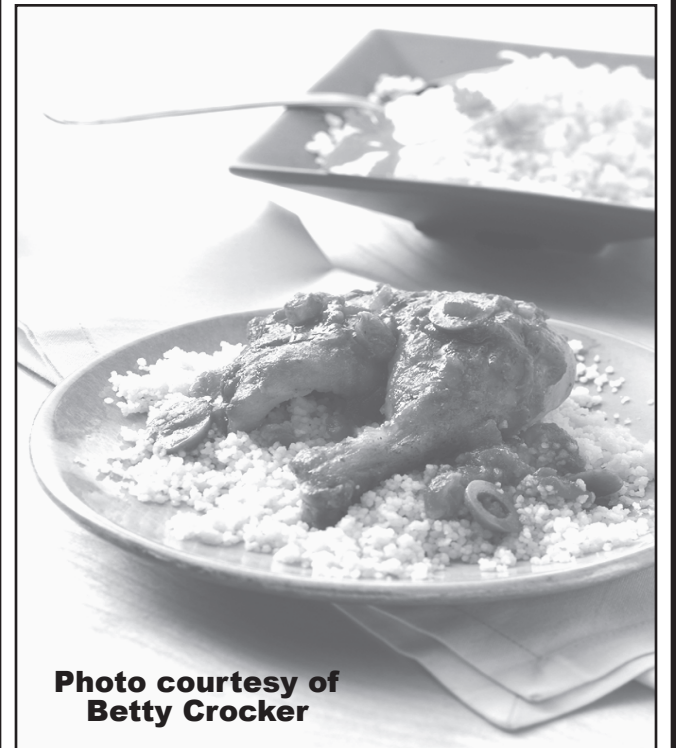


Photo courtesy of Betty Crocker

SPEEDY MEDITERRANEAN CHICKEN

- 1 tablespoon olive or vegetable oil
 - 2 teaspoons curry powder
 - 1 jar (16 ounces) chunky salsa
 - 1/2 cup sliced green olives
 - 1/4 cup golden raisins
 - 1/4 cup honey
 - 1 deli rotisserie chicken (2 to 2 1/2 pounds), cut into 6 to 8 pieces, skin removed if desired
1. In 12-inch nonstick skillet, heat oil over medium heat. Stir in curry powder. Cook over medium heat 1 minute, stirring constantly.
 2. Stir in remaining ingredients except chicken. Add chicken; turn to coat.
 3. Cover; cook over medium-high heat 5 to 6 minutes, turning chicken occasionally, until sauce is bubbly and chicken is thoroughly heated. Makes 4 servings.

(Recipe courtesy of Betty Crocker: www.bettycrocker.com/recipes)

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is www.divapro.com. To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook. Recipes may not be reprinted without permission from Angela Shelf Medearis.

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Kentucky Homeplace is still serving the residents of Estill County. We still offer the same services that we have in the past. Even with the new Affordable Health Care, some individuals find it difficult to afford their healthcare needs. If you are having problems getting your medication, in the donut hole, paying high co-pays, need eyeglasses, hearing aids or have questions about your Medicare, give us a call. We also offer assistance in disease management for those that want to take control of their chronic disease. Please contact Ratisha Puckett at 606-723-9902 for an appointment. Services are offered at no cost to clients.