

Estill County School Lunch Menus

Monday, Dec. 19
S. Irvine & Estill Springs
 Breakfast: Cereal and NG Bar, Peaches, Assorted Juice, Milk Choices
 Lunch: Chicken Nuggets/Roll, Mashed Potatoes, Green Beans, Apple, Milk, Ketchup/BBQ Sauce.

West Irvine
 Breakfast: Breakfast Pizza or Cereal, Peaches, Juice, Milk.
 Lunch: Chicken Tenders/Roll, Mashed Potatoes, Baked Beans, Applesauce, Milk.

Middle School
 Breakfast: Dutch Waffles, Choc. Mini Wheats, Cereal Bar, Assorted Pop Tarts, Apple, Assorted Fruit Juices, and Milk Choices.
 Lunch: Popcorn Chicken, WG Biscuit, Mashed Potatoes,

Green Beans, Apple, Mixed Fruit, Milk or Juice.
High School
 Breakfast: Cereal, pop tart, yogurt, orange or apple, assorted juices, variety of milk.

Lunch: Hamburger on Bun, Spicy Chicken on Bun, Lettuce, Pickle, Tomato, Onion, Baked Beans, Potato Wedges, Pineapples/Peaches, Variety of Milk/OJ.

Tuesday, Dec. 20
S. Irvine & Estill Springs
 Breakfast: Yogurt/Cheese/Cracker Tray, Applesauce, Assorted Juice, Milk Choices.
 Lunch: Round Cheese Pizza, Corn, Steamed Broccoli, Orange, and Milk.

West Irvine
 Breakfast: Donuts or Yo-

gurt, Cheese, Crackers, or Cereal, Pineapple Tidbits, Juice, Milk.

Lunch: Pizza Bites or Quesadilla, Corn, Romaine Salad, Peaches, and Milk.

Middle School
 Breakfast: Scrambled Eggs and Toast, Cocoa Puffs Cereal, Cereal Bar, Assorted Pop Tarts, Pears, Assorted Fruit Juices, Milk Choices.

Lunch: Bosco w/Marinara or Chicken Quesadilla, Broccoli Bits w/dip, Sidekicks, Milk or Juice.

High School
 Breakfast: Muffin, Cereal, Pop Tarts, Yogurt, Orange or Apple, Assorted Juices, and Variety of Milk.

Lunch: Bosco w/Marinara, Calzone, Corn, Steamed Broccoli, Tropical Fruit/Peaches, Variety of Milk/OJ.

Modern Woodmen Raise \$2,500 for M&W Foundation



Arielle Reese Estes and Audrey Brooks are pictured with Glenda Gay Oliver who through the Modern Woodmen Matching Fund program raised \$2,500 in matching funds for the Marcum & Wallace Hospital Foundation.

A Modern Woodmen fundraiser for Marcum & Wallace Hospital Foundation was a success. Members of the Irvine chapter recently helped raise money for the Foundation by participating in the Pink Paradise Luau.

The event, held on November 15, 2016, raised \$50,000 which includes \$2,500 matched by Modern Woodmen's home office through the organization's Matching Fund program. The money will be used to purchase life-saving, mammography technology.

The matching program offers Modern Woodmen members nationwide the chance to show their support for a community cause, organization or individual in need by holding fundraisers. Modern Woodmen matches money raised up to \$2,500. These fundraising projects contribute more than \$6.5 million to community needs nationwide each year.

Coordinated by local Modern Woodmen members, chapters provide opportunities to connect through social activities and volunteer projects. For more information about the local chapter and how you can get involved, contact Glenda Gay Oliver at <ggoliver@irvineonline.net>.

As a tax-exempt benefit society, Modern Woodmen sells life insurance, annuity and investment products not to benefit stockholders but to improve the quality of life of its stakeholders -- members, their families and their communities. This is accomplished through social, charitable and volunteer activities. Annually, Modern Woodmen and its members provide more than \$23 million and 1 million volunteer hours for community projects nationwide.

Santa's Little Angels

For kids ages 0 to 17
 To be published in color
Wednesday, Dec. 21st
 Just send by Email or bring any size quality photo (disk preferred) no later than Monday, December 19th.

\$10⁰⁰

Photos may be Emailed
 But payment should be made by Dec. 19th



CODY SMITH
 Son of Jake and Melinda Smith
 We Love You, Merry Christmas!
 Grandparents: Ralph & Millie

Child's Name _____
 Parents' Names _____
 Address _____
 Telephone _____
 Six word message _____
 Signature of Parent or Guardian _____

Mail early or bring with \$10 payment by 5 p.m., Monday, Dec. 19th to:
 The Estill County Tribune, 6135 Winchester Road, Irvine KY 40336

Letters to Santa,
 There's still time for children ages 0 to 17 to send a letter to Santa. Just write the message below and be sure we receive it no later than **Monday, December 19th** in order that it can be published in our special Christmas Edition on **Wednesday, December 21st.**
But hurry! Santa can't wait much longer!



Dear Santa,

Parents' Names _____
 Address _____
 Telephone _____
 Signature of Parent or Guardian _____

Mail Santa Letters to: The Estill County Tribune
 6135 Winchester Road, Irvine, KY 40336
 or send by e-mail to <News@EstillTribune.Com>

WCBR

AM 1110

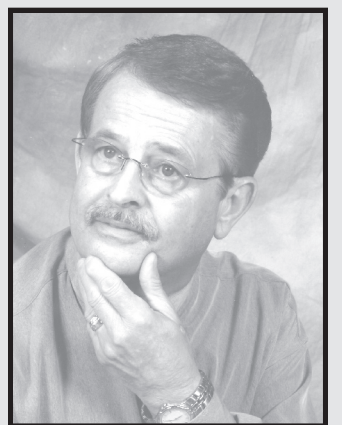
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