

Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336
Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

Wednesdays @ 5:30pm

Beginner Yoga at Marcum & Wallace

Beginner Yoga Class at Marcum & Wallace Hospital is held in the Mercy Room each Wednesday from 5:30-6:30 p.m. with instructor Laritza Gomez. The cost is one non-perishable food item for Help-

ing Hands Outreach Ministry. The instructor will guide the class through basic poses focused on relaxation, building core strength, and flexibility. Regularly practicing yoga has many health benefits!

Thursday, May 12th @ 11:15am

Retired Teachers To Tour Ale-8

The Estill County Retired Teachers will be touring the Ale-8-One Bottling Plant in Winchester, on Thursday, May 12, 2016.

The tour will began at 11:15 a.m. If you want to carpool,

meet in front of the old Save-A-Lot Building in the West Irvine Plaza.

If you are planning to go, call Floretta at 606-723-4479 by Monday, May 9.

Thursday, May 12th @ 5:30pm

Arvin Will Be Kiwanis Speaker

The Kiwanis Club of Irvine-Ravenna will meet Thursday, May 12, 5:30 p.m., at Wisemantown United Methodist Church pavilion.

Ashley Arvin, Safety Program Coordinator at Carhartt, will be the speaker.

Make a difference in the community by getting involved with the Kiwanis Club that has 93 years of service to our community. New members are welcome. Anyone interested can contact any Kiwanis member.

Thursdays @ 7:00pm

Estill Community Chorus

The Estill County Community Chorus meets every Thursday night from 7:00 p.m. - 8:30 p.m., at Irvine United Methodist Church-243 Main St., Irvine, KY.

Our Theme for the Spring Session and Concert is "I Love America." We will be

performing this concert on Sunday, June 5th at 3:00 p.m. Our Director is Carol Anne Wilson.

Our Accompanist will be Nancy Farmer, and our Assistant Accompanist is Ann Sidumak. Anyone is welcome to join the choir.

Fridays, 6-8pm

Estill Appalachian Dulcimers

The Estill County Appalachian Dulcimer Club will meet every Friday from 6 to 8 p.m. at the Estill County Library, 246 Main Street, Irvine, for anyone who plays an Appa-

lachian Dulcimer. Or anyone who is interested is playing one is welcome to attend.

The Appalachian Dulcimer was designated as the official state instrument of Kentucky.

Saturday, May 14th, 8am-1pm

Estill Community Blood Drive

Life-saving opportunity Blood drive scheduled in Irvine Area residents are invited to be life-savers at the upcoming Kentucky Blood Center blood drive. Estill County Community Sat., May 14 from 8 am - 1 pm at the First Christian Church in the Fellowship Hall at 270 Main Street in Irvine.

Donors will receive a non-fasting cholesterol test. Results will be posted within five

days after the blood drive at kybloodcenter.org.

Blood donors must be 17-years-old (16 with parental consent), weigh at least 110 pounds, be in general good health, show a photo I.D. and meet additional requirements. Sixteen-year-old donors must have a signed parental permission slip, which can be found at kybloodcenter.org.

To schedule a donation, visit kybloodcenter.org or call 800.775.2522.

Saturday, May 14th, 8am-1pm

Twin City Kruzerz's 1st Cruise-In

The Twin City Kruzerz would like to invite everyone to their first Cruise-In of 2016, this coming Saturday, May 14th from 5 until 9 p.m. at the Estill County Courthouse. As always, all Cruise-Ins are free and open to the public. The Club is planning several cruises and cookouts for members this year. Cruise-Ins are held at the Courthouse on the second Saturday of the month from 5 until 9 p.m. Meetings are held at Irvine City Hall from 7-8 p.m. on the first Monday of the month.

Anyone interested in joining needs to talk to a Club member or call Melvin Williams @ 723-5447 or Tobo Bryant @ 723-7248 or 3858.

June 6th - meeting
June 11th - cruise in
July 5th - meeting
July 9th - cruise in
August 1st - meeting
August 13th - cruise in
September 6th - meeting
September 10th - cruise in

Tuesday, May 17th @ 6:30pm

Estill County Lions Club

The Estill County Lions Club will meet Tuesday, May 17, 2016, and on the first and third Tuesday of every month at Raders' River Restaurant. The meal is at 6:30 p.m. and business meeting begins at 7 p.m.

Estill County Lions Club is part of Lions Club International,

with 1.35 million members in 205 countries around the world.

We invite those who feel a call to make our community a better place through service to attend and learn about how Lions around the world earn our motto, "We Serve..."

Friday, May 20th @ 6:30pm

Madison Civil War Roundtable

The next bi-monthly meeting of the Madison County Civil War Roundtable will be held on Friday, May 20, 2016, at 6:30 p.m. at Hanger's Restaurant, just off I-75 Exit 90 in Richmond.

Historian Judith Mertz will give a presentation entitled, "The Sisters and Charity During the Civil War."

Please call Phillip Seyffrit at (859) 623-8979 with questions.

Friday, June 3rd @ 9am

Retired Co. C Guard Breakfast

Attention: All retired and old National Guard members of Charlie Company 1/149th. There will be a breakfast at Cracker Barrel, in Richmond,

on Friday, June 3rd and on the first Friday of each month at 9 a.m.

All are invited and welcome. Hope to see you there!

Saturday, June 4th

17th Annual L&N Day at Berea

History comes alive on Saturday, June 4th in Berea, KY during the 17th Annual L&N Day. Join current and retired railroad employees, train buffs, and "kids" of all ages in celebrating the last brick L&N Railroad Depot still standing between Cincinnati and Knoxville. Built in 1917, this historic depot, now home to the Berea Welcome Center, will be filled with memorabilia for show and sale, exhib-

its, working model trains, and much, much more! Visitors can collect a commemorative ticket and watch freight trains cruise by just a few feet from the platform.

Located in the heart of the Old Town Artists' Village, North Broadway, Berea, KY,

This event is FREE and open to the public from 9am - 5pm. For more information call 1-800-598-5263 or visit the web at www.visitberea.com

Monday, June 6th @ 1:30pm

Know the 10 Signs of Alzheimer's

If you or someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Early detection of Alzheimer's disease gives you a chance to begin drug therapy, enroll in clinical studies and plan for the future.

A program will take place at the Madison County Public Library, located at 507 West Main Street, Richmond, KY 40475 on Monday, June 6, from 1:30 p.m. - 2:30 p.m. To register for this program, please call 1-800-272-3900.

Saturday, June 18th, 9-3

Band Car Show & Touch-a-Truck

Your state championship Estill County Marching Engineer band is hosting a car show and touch-a-truck event on Saturday June 18, 2016 from 9-3 at the Estill County High School. If you have an interesting vehicle that kids would like to see, and perhaps touch, you can contact Geri Harrison at 859-200-1002 to register. If you have a classic car that you would like to enter in the car show (no-touch), contact Wayne Collins at 859-625-2372.

Admission to the event is \$5 for adults, \$3 for kids and 5 and under are free. Will have a DJ, door prizes, raffle items, trophies for car show, touch-a-truck demonstrations and fabulous concessions. If you are interested in being a sponsor for this event, contact Geri Harrison at 859-200-1002.

Visit Our Website At <EstillTribune.Com>

School News

Nominations taken May 12-18

South Irvine SBDM Parent Nominations

South Irvine P-K Center will be having site-based, decision-making council parent nominations beginning May 12-May 18th. Nomination forms were sent home in Thursday folders or can be picked up in the South Irvine office. All nominations need to be turned in to the South Irvine office by 3:30 p.m., Wednesday, May 18th.

Some Things Men Are Not Doing by BOB CASEY, preacher Cornerstone Church of Christ Bond Street at Camp Avenue in West Irvine

Someone once said that "they could not be held responsible for things they did not say, or did not do, or hear." Now I grant you this, that in many instances this might be true, but in matters of eternal salvation these just will not work. Jesus said in **John 5:5**, "Verily, verily, I say unto you, the hour is coming, and now is, when the dead shall hear the voice of the Son of God, and they that hear shall live." This he said in reference to all who are dead in trespasses and sin. So in the following verse he reveals his authority to give eternal life unto all that will hear him.

So then, if this is true, just why are not all men now saved? I believe the answer is a simple one. Jesus says in **John 5:40**, "And ye will not come unto me, that ye might have life." Sadly, in **verse 43** Jesus says: "I come in my father's name and ye received me not: if another shall come in his own name ye will receive." We see this evidence all around us. In **Matthew 11:28-30** our Lord issues his worldwide invitation, "Come unto me all ye that labour and are heavy laden, and I will give you rest." The last invitation is a blessed one recorded in **Matthew 2:34**, "Come ye blessed of my father, inherit the kingdom prepared for you from the foundation of the world." But friend, if you have never taken time to hear him and come to him, you can never be in that number. God said in **Matthew 17:5**, "This is my beloved son, hear ye him." Both hearing and coming to Jesus are commands of obedience. **Luke 6:46** Jesus says, "And why call ye me Lord, Lord, and do not the things I say." So then obedience in every form is commanded of every Christian. Obedience is necessary to eternal life. **Hebrews 5:8-9**, eternal life awaits only those who obey the Lord. Then in **Matthew 8:27** that even the winds and seas hear and obey His voice. Then sadly, a lot of religious men are listening to men rather than the Lord. The apostles said in **Acts 5:29-32** "We ought to obey God rather than men."

Another thing that men will not hear is the simple gospel plan of salvation. In **Luke 13:1-5** repentance is demanded by our Lord from every man, but still many have not obeyed him. In **Acts 17:30**, that all men everywhere should repent. Our Lord has plainly taught that a confession with our mouth before me, that He is the Son of God. **Matthew 10:31-32** example **Acts 8:37**, but still most have not done it. Then obedience requires one to be baptized in water unto the remission of their sins (**Mark 16:15-16** and **Acts 2:38**) but still most have not obeyed, and still sadly, many have been baptized, but for the wrong reason. In **Galatians 3:1** Paul says that these Galatians had been bewitched. We are thoroughly warned in **II Thess. 1:8-9**. He says flaming fire is awaiting those that know not, and have not obeyed the gospel. He says it is punishment and destruction from the presence of the Lord. I would not wish this upon my worst enemy but still it will come some day.

So do not let this present time slip away. Hear, come, and obey our Lord today.

Sincerely, Bob Casey - Waco (859) 369-4165

Estill-Powell ASAP Opiate and Heroin Treatment & Prevention Initiative

Information YOU can use to help improve your knowledge of the dangers of heroin and opioid drug use and overdose in our communities.

Overdose is a medical emergency!

Call 9-1-1 immediately if you or someone you know have any of the symptoms listed below:

- Face is extremely pale and/ or clammy to the touch
- Body is limp
- Fingernails or lips have a blue or purple color
- Person is vomiting or making gurgling noises
- He or she cannot be awakened from sleep or is unable to speak
- Breathing is very slow or stopped
- Heartbeat is very slow or stopped

Risk Factors for Opioid Overdose

- Mixing heroin or prescription opioids with alcohol, benzodiazepines or anti-depressants
- Taking opioids after a period of not using them can increase the risk of fatal overdose
- If you have asthma or other breathing problems you are at higher risk for overdose
- People with liver or kidney problems or are HIV positive have increased risk of overdose
- A person who has had a non-fatal overdose in the past, has increased risk of fatal overdose

Funding for the Estill-Powell ASAP Opiate and Heroin Treatment & Prevention Initiative provided by a grant from the KY Office for Drug Control Policy

Where to Find Help with Drug Addiction: In An Emergency Dial 911

- Estill Co. Comp Care: 1-800-928-8000
- WestCare KY: 606-726-0385
- Powell Co. Comp Care: 1-800-928-8000
- The Ridge (Lexington): 1-800-753-4673
- Foothills Health & Wellness Center: (606) 663-9011