Our 34th Year Serving Estill County! <EstillTribune.Com> The Estill Tribune

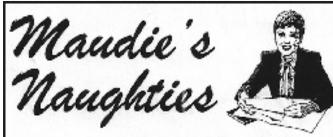
Member of Kentucky Press Association

6135 Winchester Road Irvine, Kentucky 40336-8517 Phone (606) 723-5012, Fax (606) 723-2743 Email: <<u>news@estilltribune.com</u>>

Published on Wednesdays by Tracy Randall Patrick Delores L. Rowland, Editor

Subscription Prices Estill \$17, Adj. Counties \$28, Elsewhere \$32 Periodicals Postage Paid, Irvine, KY 40336 (Permit #685-890)

POSTMASTER: Send address changes to: The Estill Co. Tribune, 6135 Winchester Rd. Irvine, Kentucky 40336-8517



Late From Work

Harry arrives home from work three hours late, and his wife meets him at the door. His hair is messed up, he has lipstick on his collar, and he smells of a woman's perfume.

"Don't lie to me, Harry," she says. "I saw you sneaking that bread sack into your pocket this morning. You've been playing golf with Jake again, haven't you?"

The Owl Hooter

One evening an avid bird watcher stands in his backyard and hears an owl hoot. So he thinks he'll give a hoot back. To his surprise and delight the bird hoots again. The next night the same scenario occurs.

All summer, the man and his feathered friend hoot back and forth. He even keeps a log of the "conversations." Just as he thinks he is on the verge of a breakthrough in inter-species communication, his wife has a chat with her next door neighbor. "My husband spends his nights calling to owls," the wife comments.

"That's odd," the neighbor replies. "So does mine . . ." **Back to School**

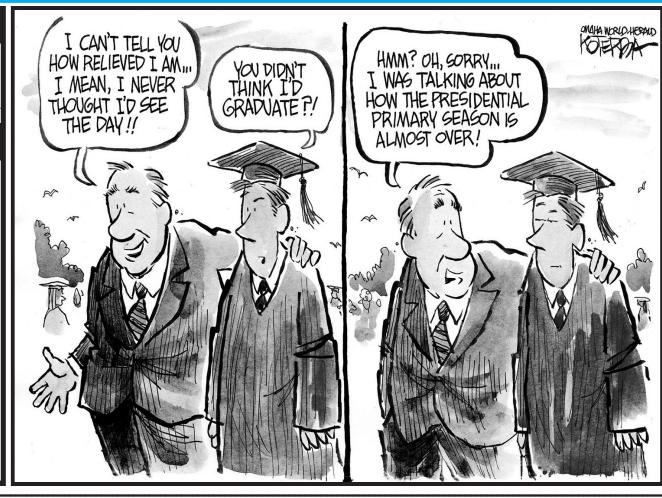
A letter from a son at school to his father . . .

\$chool i\$ really great. I am making lot\$ of friend\$ and \$tudying hard. With all my \$tuff, I \$imply can't think of anything I need, \$0 if you like, you can ju\$t \$end me a card, a\$ I would love to hear from you.

Love, Your \$on.

A week later . . . the response from Dad arrived: Dear Son,

I kNOw that astroNOmy, ecoNOmics and oceaN-



Dirty needles becoming common in public places

Woman stuck by needle faces up to one year of testing

Kentucky Health News

A Monroe County wom- anybody, anywhere.' an was stuck by an insulin titis, Jacqueline Nie reports it. for WBKO-TV in Bowling Green.

monly used by IV drug abusers

ford, who was stuck by the to be found in public. needle. "I have to go back from that in 30 days and be coming more common for tested again, and again in 6 used needles to be found by months from that 30 days."

at least these next 7 months, with her husband or chil- public parking lots, unoccudren," Nie repports. Craw- pied buildings, and in rest-

careful: "It could happen to

The latest Kentuckv faces up to a year of testing with heroin problems. And

Health Director Scott Lock-Insulin syringes are com- ard said that while this was the first time he had heard of a needle being placed in an "I had to be tested for article of clothing in a de-

"Unfortunately it is be-"Crawford says through an e-mail. "I have had reports of needles being found

by MELISSA PATRICK ford warned others to be rooms in public venues."

Northern Kentucky, where Franklin, Clark, Kenton, 35 percent in the poll said Grant, Harrison, Pendleneedle found in a pair of Health Issues Poll found that they knew someone with a ton, Carter, Boyd, Elliott, sweatpants she purchased 13 percent of Kentuckians heroin problem, that they Pike and Knox. Some juin Tompkinsville and now said they knew someone released public service an- risdictions have rejected nouncements before Easter exchanges, saying they ento make sure she hasn't been insulin syringes and needles to remind children to look courage drug use, despite infected with HIV or hepa- are commonly used to inject for needles before eggs. The Northern Kentucky Clark County Public Heroin Impact Response grams lead users to treat-Taskforce organized police ment. and egg-hunt organizers to search parks for needles work," former state health prior to the hunts, and said commissioner it will continue to search Hacker said. "It decreases HIV and hepatitis and a drug partment store, he said it is public places for needles the spread of infectious disscreening," said Mary Craw- not unusual for dirty needles throughout the summer, eases. It takes dirty needles Ben Katko reported for off the street. It is safer for

WXIX-TV (Fox 19). One way to keep dirty which allow intravenous effective treatment." drug users to exchange port and funding.

needle exchanges: Jeffer-The problem is so bad in son, Fayette, Jessamine, pleas from experts who say that's not true and the pro-

"Needle exchanges William the law enforcement and EMS. It also provides an needles off the street is opportunity to interact with the public," Lockard said in through needle exchanges, people and divert them to

From Kentucky Health she cannot share anything locally on streets, in parks, dirty needles for clean News, an independent ones. These programs were *news service of the Institute* authorized in Kentucky by for Rural Journalism and the 2015 anti-heroin bill, Community Issues, based but require both local sup- in the School of Journalism and Media at the Univer-So far, only 14 counties sity of Kentucky, with supin Kentucky have either port from the Foundation

Ograghy are eNOugh to keep even an hoNOr student busy. Do NOt forget that the pursuit of kNOwledge is a NOble task and you can never study eNOugh. Love, Dad.

The Little Turtle

A little turtle begins to climb a tree slowly. After long hours of effort . . . he reaches the top, jumps into the air waving his front legs, until he crashes heavily into the ground with a hard knock on his shell.

After recovering his consciousness, he starts to climb the treeagain, jumpsagain, and knocks the ground heavily again.

The little turtle persists again and again while a couple of birds sitting at the edge of a branch, watch the turtle with pain. Suddenly the female bird says to the male, 'Dear, I think it's time to tell our little turtle he is adopted."

Marriage

On his way out of church, Frank stops at the door to speak to the minister.

"Would it be right," he asks, "For a person to profit from the mistakes of another?"

"Absolutely not!" replies the pastor.

"In that case," says the young man, "I wonder if you'd consider returning the hundred dollars I paid you to marry my wife and me last July."

Revival Break Up

A man is going to attend a Halloween party dressed in a costume of the devil. On his way it begins to rain, so he darts into a church where a revival meeting is in progress.

At the sight of his devil's costume, people begin to scatter through the doors and windows.

One lady gets her coat sleeve caught on the arm of one of the seats and, as the man comes closer, she pleads, 'Satan, I've been a member of this church for 20 years, but I've really been on your side all the time."

Temperance Sermon

A preacher is completing a temperance sermon: with great expression he says, "If I had all the beer in the world, I'd take it and throw it into the river. And if I had all the wine in the world, I'd take it and throw it into the river. And if I had all the whiskey in the world, I'd take it and throw it into the river." He then asks what song should we close with.

Uncle Slim is sitting in the back of the church and yells out, "Can we sing 'Shall We Gather At the River."?"

The Violin

Little Johnny is practicing the violin in the living room ... while his Uncle is trying to read in the den. The family dog is lying in the den, and as the screeching sounds of little Johnny's violin reaches his ears, he begins to howl loudly.

Uncle listens to the dog and the violin as long as he can. Then he jumps up, slams his paper to the floor and yells above the noise, "For pity's sake, can't you play something the dog doesn't know!"

$E_{AV} = 470/D_{c}$ ror 11% kate increase

Health Insurers Asking

Health insurers want rate states across the nation are increases averaging 22.3 percent in 2017 for individual policies in Kentucky. Counting small-group plans, the overall increase would be 17 percent, "continuing a national trend of a non-profit that was crehefty hikes as insurers adapt ated under the reform law to a market reshaped by to provide more competi-President Barack Obama's tion but then was not fully signature health care law," Adam Beam reports for The Associated Press.

if approved by state regu- leaving other insurance lators, do not guarantee companies to cover the double-digit increases in more than 51,000 former the monthly premiums co-op customers," the depeople have to pay," Beam partment noted. "Many of notes. "The base rate is one those customers were highof many factors compa- risk, and Kentucky's renies use to determine how maining insurers appear to much someone pays in a project that those high-risk monthly premium. Other customers will affect the factors include age, where risk pool." Anthem spokesa person lives and whether man Mark Robinson told the person smokes."

increases for individual was responsible for its rate policies range from 7.6 request. percent for Aetna Health Inc. to 33.7 percent for said recently that it would Louisville-based Humana stop selling exchange poli-Inc., which said recently cies in Kentucky, leaving that it was losing money many counties with only on Obamacare plans and is one insurer on the exworking on a merger with change. The only company Aetna (to which Missouri that seeks to sell individual objected this week). Baptist policies statewide is An-Health Plan wants 26.68 percent more, Anthem choice on the exchange in Health Plans 22.9 percent, 54 counties. and CareSource 20.55 percent, all on average.

surance will fully inves- for Rural Journalism and tigate all proposed rate Community Issues, based increase requests to make in the School of Journalism sure they are warranted," and Media at the Univer-Commissioner Brian May- sity of Kentucky, with supnard said in a release. "In- port from the Foundation surance rate increases are for a Healthy Kentucky. not specific to Kentucky;

dealing with this issue."

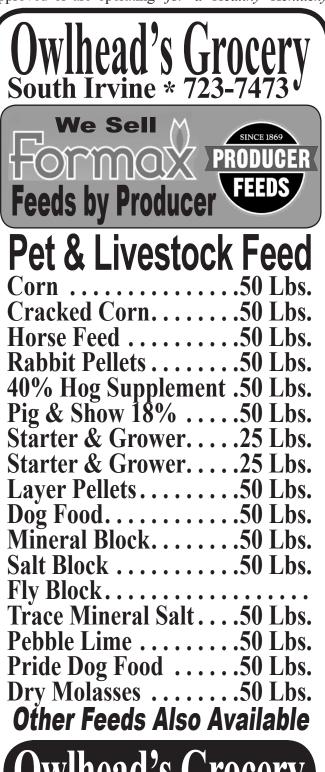
The department said some of the rate increases "appear to be attributed to the failure of the Kentucky Health Cooperative Inc.," funded by Congress.

"The co-op went bankrupt and was placed into "But the rate increases, liquidation earlier this year, AP that the expectation of The average requested insuring co-op customers

ŪnitedHealth Group Inc. them. It will be the only

From Kentucky Health News, an independent "The Department of In- news service of the Institute

approved or are operating for a Healthy Kentucky.



Owlhead's Grocery South Irvine * Phone 723-7473 **Donald & Katherine Dixon, Owners** We're open until 10:00 p.m.