

Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336 Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

Wednesdays @ 5:30pm

Beginner Yoga at Marcum & Wallace

Beginner Yoga class at Marcum & Wallace Hospital is held in the Mercy Room each Wednesday from 5:30-6:30 p.m. with instructor Laritza Gomez. The cost in one non-perishable food item

for Helping Hands Outreach Ministry. Bring your own yoga mat.

The instructor will guide the class through basic poses focused on relaxation, building core strength and flexibility.

Fridays, 6-8pm

Estill Appalachian Dulcimers

The Estill County Appalachian Dulcimer Club will meet every Friday from 6 to 8 p.m. at the Estill County Library, 246 Main Street, Irvine, for anyone who plays an Appa-

lachian Dulcimer. Or anyone who is interested is playing one is welcome to attend.

The Appalachian Dulcimer was designated as the official state instrument of Kentucky.

Thursday, August 25th @ 5:30pm

Kiwanis Club of Irvine-Ravenna

The Kiwanis Club of Irvine-Ravenna will meet Thursday, August 25 at 5:30 p.m. at Michael's Restaurant.

for the 15th annual Radio and Television Auction to be held Saturday, October 1.

A devotional will be given and a board meeting will be held. Plans are being made

Persons dedicated to improving the world one child and one community at a time are welcome to become members.

Saturday, August 27th @ 12:00 Noon

66th Annual Hardy Reunion

The descendants of Clark "Bud" Hardy will be holding their 66th annual Hardy Reunion at Rice Station Christian Church on Saturday, August

27th at 12:00 Noon.

The meal will be pot luck. Hope to see all our relatives and friends there. Everyone is welcome!

Saturday, August 27th @ 12:00 Noon

Thomas School Reunion

The annual Thomas School Reunion will be Saturday August 27, 2016 at Michael's Restaurant in Ravenna, Kentucky. The meal will begin at noon. Bring your memories,

pictures, and beautiful smiles and share all the fun times of our past. Looking forward to seeing you! Any questions call Sue @ 606-723-3010.

Tuesday, August 30th @ 5:30pm

Friends of the Library To Meet

The Friends of the Library will be meeting on Tuesday, August 30th, 2016 at 5:30 p.m. at the Estill County Pub-

lic Library, 246 Main Street in Irvine.

Anyone who is interested in joining is welcome to attend.

Tuesday, August 30th @ 5:30pm

Irvine-Ravenna Woman's Club

The Irvine-Ravenna Woman's Club next meeting/picnic will be Tuesday, August 30 at 5:30 p.m. at the Wisemantown United Methodist Church pavilion, 1358 Wisemantown Road, Irvine. The club will be making plans for the coming club year.

organized in 1954 and has served the needs of the community through a broad range of projects and programs throughout the years.

The Irvine-Ravenna Woman's Club is a civic organization with the motto "Committed to Service". It was

Membership is open to all women who are interested in community service in an atmosphere of fellowship. Become a volunteer and make new friends. The club meets on the 4th Tuesday evening of each month.

Friday, Sept. 2nd @ 9am

Retired Co. C Guard Breakfast

Attention: All retired and old National Guard members of Charlie Company 1/149th. There will be a breakfast at Cracker Barrel, in Richmond,

on Friday, August 2nd and on the first Friday of each month at 9 a.m.

All are invited and welcome. Hope to see you there!

Visit Our Website At <EstillTribune.Com>

Irvine Flea Market

Now at our new location 2256 Richmond Road Formerly Rose's Feed Store

New Items Every Day!

Stop by and check out our booths. Conveniently located on Richmond Rd.

Outside Booths

Available to rent by the weekend or by the month

Collectibles

- ✓ Antiques
- ✓ Knives
- ✓ Furniture

- ✓ And Much More!

Friday, September 2nd @ 6pm

River City Picnic in the Park

The River City Players are hosting their second "Picnic in the Park" Friday night, September 2, 6-8 p.m., at the Veterans' Memorial Park located on Main Street in Ravenna.

This year the theme will be "Going to the Movies." Those wishing to decorate a table or a blanket are urged to select a theme associated with a favorite movie from the past.

Each table seats six individuals and can be reserved for \$60 per table. Blanket seating is also available for \$5 per person. Individuals are to bring their own blankets or low back chairs. Children 6 years of age and under receive free admission. Gates will open at 5 p.m.

for those desiring to decorate their tables or blankets for judging. No outside tables will be permitted.

"The Local Honeys," from Beattyville, KY, the first female graduates from Morehead State University Traditional Music Program, will supply the entertainment for the evening.

Tables can be reserved by contacting Bobby Carol Noland at 606-723-2254, or Susan Hawkins at 606-723-5755.

All proceeds from the evening will go toward the "Save the Mack" theater purchase and upgrade. Sorry, no pets allowed.

Saturday, September 3rd @ Noon

Profitt Family Annual Reunion

The annual reunion of the family of James and Elizabeth Crowe "Pop" Profitt will be held Saturday, September 3, 2014, at Carl McIntosh's "Shelter Valley," just off Watson Ridge Road near Furnace.

All friends and family are

invited to come, enjoy a potluck lunch, and spend the day. There will be hat contests for both adults and children, so, wear your best. Also, door prizes are given out to nearly everyone who attends.

Everyone is welcome!

Sunday, September 4th @ 1pm

Annual Crowe-Carroll Reunion

The annual reunion of the descendants of William M. and Nellie Carroll Crowe will be held on Sunday, September 4, 2016, at the Family Shelter located on Stacy Lane Road in Irvine.

All extended family and friends are invited to attend.

The potluck meal will be served at approximately 1:00 p.m. Everyone, please bring a dish and memories to be shared by all.

Tuesday, Sept. 6th @ 6:30pm

Estill County Lions Club

The Estill County Lions Club will meet Tuesday, Sept. 6 and on the first and third Tuesday of every month at Raders' River Restaurant. The meal is at 6:30 p.m. and business meeting begins at 7 p.m. Estill County Lions Club is part of Lions Club International,

with 1.35 million members in 205 countries around the world.

We invite those who feel a call to make our community a better place through service to attend and learn about how Lions around the world earn our motto, "We Serve..."

Saturday, September 10th @ Noon

Annual Westinghouse Picnic

The annual Westinghouse Employees Picnic will be held Saturday, September 10, 2016, at the lower pavilion at Lake Reba in Richmond.

A potluck meal will be served around noon. Meat will be furnished but please bring a side dish. All employees and families welcome.

Saturday, September 10th -- 1-4pm

ECHS "Class of '56" 60th

The Estill County High School "Class of 1956" will be having a 60th reunion on Saturday, September 10, 2016, from 1-4 p.m. at the Bergman House Bed & Breakfast on Main Street in Irvine.

The cost is \$10.00 per person. Please mail reservations to Estine Walling Miller, 516

Laurel St., Irvine, KY 40336. Respond by September 1st if possible.

For more information, contact Estine Walling Miller at (606) 723-8730; Freda Walling Watson at 723-3489; Julia Tuggle Robinson at 723-2534, or Peggy Reed Kortbein at 723-1280.

September 17th

Annual Isaacs & Flanery Reunion

Descendants of Wilburn Isaacs and Vandallie Griffey of Estill County, and Jacob and Patsy Hartsock of Jackson County, will have a reunion on Sat., Sept. 17, 2016 at 1:00 p.m. at the Loretta Lynn Ranch in Hurricane Mills.

Plans are for hamburgers, hot dogs, and a covered dish to share. Several activities are listed on their website.

For more information call or text Anola Fiessinger (Valentine) (937)312-4571 or DebbieMcCombs(937)408-3189.

October 29th - 7-11pm

ECHS "Class of 1976" Reunion

The reunion committee of Estill County High School "Class of 1976" has set a reunion date of October 29, 2016, from 7-11 p.m. at Gillum's Restaurant in Richmond.

We hope all of you can

come and if you have any questions, please feel free to call Glenna Powell at (606) 723-5567, Gail Freeman at (606) 723-4014, Cheryl Carlton at (859) 893-2130, or Jeff or Terri Tate at (606) 723-2547.

Kitchen Diva

A Fitting Recipe for Labor Day

by ANGELA SHELF MEDEARIS

During this political season, the debate about creating employment and producing products that are made in America has become a central part of the presidential race. The current economic climate is one reason why Labor Day is so important. The holiday is a celebration held on the first Monday in September to recognize the social and economic achievements of our American workforce and the products they produce. It's also a day to celebrate American workers and their contributions to the strength, prosperity and well-being of our country.

While the holiday has been celebrated nationwide since 1894, the founder of the Labor Day celebration is a matter of debate. Some historians credit Peter J. McGuire, general secretary of the Brotherhood of Carpenters and Joiners and a co-founder of the American Federation of Labor. He suggested a day to honor workers "who from rude nature have delved and carved all the grandeur we behold."

Other historians cite recent research about the work of Matthew Maguire, secretary of the Central Labor Union, Local 344 of the International Association of Machinists. In 1882, Maguire proposed the creation of a Labor Day holiday, a plan that was adopted by union members. A picnic and demonstration were held on Tuesday, Sept. 5, 1882, in New York City. Soon, other labor unions across the United States began to pattern their "workingmen's holiday" celebrations after the one held by the Central Labor Union.

Try my Diva-style version of Factory Workers Chicken -- a family recipe created by the owner of a small machine shop -- for your Labor Day gathering. However you choose to celebrate the holiday, whether you attend a parade, plan a picnic or have a family dinner at home, remember how blessed we are to live in America and the workforce that makes it great.



Deposit Photos, Inc.

DIVA-STYLE FACTORY WORKERS CHICKEN

You can make this dish ahead of time and re-heat it for your Labor Day celebration. Even if you intend to eat the chicken without its skin, leave the skin on for baking to keep the chicken pieces from drying out as they cook. You also can grill the chicken and serve it with the Salsa Sauce, if desired.

2 pounds chicken thighs (or skin-on chicken breasts or a combination of both)

1/2 cup olive oil

2 tablespoons poultry seasoning or Italian seasoning

1 tablespoon chili powder

1 teaspoon ground black pepper

1 (16-ounce) jar salsa, hot or mild

1 teaspoon salt

1 tablespoon brown sugar

1/2 teaspoon yellow mustard

1 tablespoon cornstarch

To Marinate: Place chicken in a non-porous pan or a glass bowl. Coat each piece with the olive oil. Season the chicken with poultry or Italian seasoning, chili powder and pepper on both sides. Pour the salsa over chicken and turn to coat. Cover the pan with plastic wrap or aluminum foil and refrigerate to marinate for at least 2 hours, or overnight.

To Bake:

1. Heat oven to 400 F. Remove chicken from pan or bowl and reserve the marinade for the Salsa Sauce recipe below. Place chicken, skin side up in a 13 by 9-inch baking pan with the breasts in the center, if using those pieces. Don't crowd the chicken. Sprinkle both sides with the salt. Bake for 35 to 40 minutes.

2. Lower the heat to 350 F, and bake for an additional 15-30 minutes, or until the juices run clear (not pink) when poked with a sharp knife, or the internal temperature of the chicken breasts is 160 F and of the thighs are 165 F. Pour the Salsa Sauce over the baked chicken. Serve over rice or pasta.

Salsa Sauce:

Place the marinade in a medium-size pot and stir in the brown sugar and yellow mustard until well-combined. Bring to a rolling boil for 2 minutes, and stir in the cornstarch to thicken. Pour the sauce over the chicken. Makes 8 servings.

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is www.divapro.com. To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook. Recipes may not be reprinted without permission from Angela Shelf Medearis.

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