

Estill Band's Song Named 2017 "Country Single of the Year" in Australia

"Jimmy", a single by local band Manitoba Rock N Rolla, has been voted "2017 Country Single of the Year" at Banks Radio Australia! "This was certainly unexpected but we'll take it!" says band member Tony Carroll. "Our little song that won't quit."

The judges included industry professionals such as a member of Bon Jovi, Dokken, Radio personalities etc.

"When you scribble down a song and ultimately record it, you never really know where it'll turn up," remarks Carroll. "We write songs that we personally enjoy. Sometimes folks embrace it. Sometimes they go completely ignored. Either case is ok. We love doing this. Not a ton of accolades come our way but we'll happily take them as they come. Thank you to everyone who has listened to what we have to say, played our music on your shows or told someone else to give it a chance. Thank you Isaac Banks and Banks Radio. We truly are thankful to be recognized for something we love doing. We've never planned on stopping, but things like this make it more fun than it already is."

The band, along with another Estill County band, "Ash Wednesday," also had their music featured in a movie with a week-long theatrical run in St. Louis in April, 2016. Carroll was recently featured in a live performance and world premiere of "No Way Jose" from their upcoming album Jesus and Job, on Pickup Country 104.9 FM WSKV Kip In The Morning.



Manitoba Rock n Rolla members are Tony Carroll, Jeremiah Floyd, David Adams, Tim Jewell and Caleb Riddell.

Winter Energy Efficiency Tips

With winter temperatures dropping into the single digits this week, staying warm is a priority. Here are some energy saving tips to help reduce your energy costs this winter:

- Set the thermostat at the lowest comfortable setting - the U.S. Department of Energy recommends 68 degrees. Every degree above 68 can add 3 to 5 percent to your heating costs. With colder temperatures outside, your heating units have to work harder to maintain the temperature within your home.

- Don't use electric space heaters as a primary source of heat. Electric space heaters are okay for warming an

area quickly for a short period of time, but are inefficient when used for long periods of time. Most electric space heaters are rated at 1500 watts. Operating a 1500-watt space heater for 12 hours a day would add about \$55 to your monthly electric bill.

- Seal off fireplaces that are not in use. An open flue can be a major source of heat loss.

- Open window drapes on sunny days to let the sunlight warm your house. Close them at night to hold heat in.

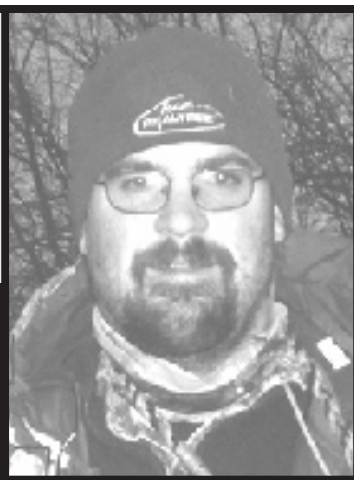
- Change furnace or heat pump filters monthly so your furnace or heat pump is operating efficiently.

- Conduct an online energy audit of your home, find out where your energy dollars are going and get recommendations on how to save energy in your home. Click on the BillingsInsights link on the Jackson Energy home page, www.jacksonenergy.com. The audit uses your billing information. Complete the energy audit, and receive a free Phillips LED bulb.

- Jackson Energy's SmartHub app can also provide you with information on how winter temperatures are impacting your bill. You can check your daily usage and even pay your bill online. For more information, visit www.smarthubapp.com.

Wanderings from the Woods & Water

by Jay Bicknell
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Shepherds and an Australian Shepherd

This column was supposed to be last week's column. Holidays falling on Mondays really mess with me. So I missed my deadline; so it's a week late.

I want to start out by saying a BIG THANKS to Dr. Grimes for saving my Australian Shepherd named Izzy. It would have been a bad Christmas if we had lost Izzy.

My Izzy dog broke her leg. Izzy got a cast and was doing great. She was several days into recovery when she stopped eating. She didn't have any energy. I rushed her to Dr. Grimes to find out her leg got infected and she had a high temp. The leg had to come off to save her. She now is a fast-moving, happy, three-legged dog. Which leads me to my column.

When Jesus was born the Angels went to the shepherds to have them spread the word. A shepherd in the days of Jesus was considered the lowest of the low. The elite looked down upon them. They were thought to be worthless, but God used them to spread the Good News a Savior was born.

I went to pick up Izzy not knowing what to expect. To my surprise she came running on three legs to the kids and I. She really seemed like it was natural to have three legs. I was amazed how after having a leg removed two days before she is now running around like she was fine. I thought it won't be long until she is helping move cattle again.

By now you're thinking, how am I going to tie a Shepherd and an Aus-

tralian shepherd together to make a point. Well I will give credit where credit is due. The Good Lord give this column to me. So here I go with my point.

God can use anybody to spread the Good News. He took the lowest of the lows in most people's eyes in the days of Jesus to spread the word. We are still talking about the Shepherds after thousands of years. The lowest of lows after thousands of years are in every Christmas play and Nativity scene.

Now for Izzy. One day my dog had four legs and the next she had three. She didn't let that bother her at all. Her goal in life is to please her master whether on 4 or 3 legs. She is not going to let a missing leg get in the way of pleasing her master.

With all that being said, God can use anybody. He can use the lowest of lows. He can use the least to make the greatest differences for His Kingdom. No matter how bad your situation is, once you give your life to Jesus you can overcome. When pleasing the Master becomes number one in your life the storms will be a lot easier to get through.

Matthew 7:24-25 says, "Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation rock on the.

Until next week get out and enjoy God's creation!

Two charged with stolen property

Local law enforcement started investigating break-ins at the Estill County Road Department and a building at the Estill County Golf Club on December 12.

Two weeks later their investigations paid off, as two arrests were made.

On Dec. 12, Brad Goolman, an employee of the road department on Kirkland Avenue, reported to Deputy Russell "Doc" Morris that someone had taken three trailers from the property. The three trailers were valued at \$19,800.

Morris also received a call from Bud Tucker that someone broke into a building at the golf club.

The burglar(s) took a Grass Hopper 7250, a John

Deer Gator with spray system, a John Deer bumper rack, and a Ferris zero turn mower. The golf course equipment was valued at \$65,628.

On December 26, Morris charged Chris Bowman, 27, of 1180 South Irvine Road with burglary third degree and two counts of theft by unlawful taking or disposition over \$10,000 but under \$1 million.

Morris said he interviewed Bowman at the Three Forks Regional Jail.

The citation states that Bowman admitted that he and another person broke into the building at the golf course. It adds they used the trailers to haul the equipment on.

Bowman's bail was set at \$25,000 cash. Court records say he was arrested on a new offense while a case was pending.

He was arraigned in Estill District Court on Dec. 27 where he pleaded not-guilty to the three charges.

A preliminary hearing was scheduled for 1 p.m. on January 3.

On December 13, Trooper Ty Robinson, Deputy Morris, and Deputy Daniel Smith recovered two stolen trailers at 1180 S. Irvine Road.

One trailer was reported stolen from Estill Gun and Pawn Shop, and the other was reported stolen from Union, Ky.

Those two trailer thefts were investigated by Troop-

er Casey Caudill and Trooper Robinson.

Trooper Robinson charged a man living at the residence, Brian D. Bowman, 47, with two counts of receiving stolen property under \$10,000.

His bond was set at \$15,000 cash.

Court records also indicate that Brian Bowman was arrested on a new offense while a case was pending.

Brian Bowman pleaded not-guilty during his arraignment on Dec. 27. He will return to court on Dec. 27 for a preliminary hearing.

It is unknown if the trailers from the road department and the equipment from the golf course have been recovered.

New Sr. Citizen Director

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Many of the seniors are living alone and don't have anyone at home so the fellowship is valuable.

The nutritious meals are prepared in Lexington and delivered to the local center by a food truck. When the truck arrives at the Estill Center, all the employees move quickly to keep the food at the proper temperatures. Hot foods are placed in a steam table, and cool foods are refrigerated.

The temperatures of the food are also maintained as a delivery person delivers Meals on Wheels to shut-ins. McGee said if a shut-in lives too far from the center, there are frozen meals available.

The home-care workers give baths to shut-ins, provide respite care for caretakers, and take seniors shopping and to pay bills.

Anyone 60 and over who is interested in home-care must call ADRC at 1-866-665-7921. For questions about the senior center or possibly transportation, call 723-4787.

McGee wishes to publicly thank Riddell for her service at the senior citizen.

Williams named judge/executive

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"Gov. Bevin has led the way with major economic development announcements in Kentucky, and I am grateful for the opportunity he has given me to lead the way in Estill County."

Williams said he and Taylor have become good friends.

"I would have loved to have seen him finish out his term," he stated.

He predicts the job will be a challenge since the cash flow is running low.

"I hope we can build this community back to where we want it to be," he stated.

"Everything will come before this court," he said.

"Nothing will be hidden."

He plans on having an open door policy, except when he is out of the office for business.

"We've got to get back to Frankfort," he stated.

"Those magisterial districts don't have walls," he told the two magistrates who were present. "We are a community. We are a county. We don't have borders."

As of Monday, county employees remained in their positions, but Williams said he may do some reshuffling of positions.

Williams will serve as judge/executive until the November election. He may possibly run for that office.



This well-known resource for gardeners (online at <http://www.usna.gov/Hardzone/ushzmap.html>) displays the average lowest temperatures for all areas of the U.S. A plant's tag should give its "hardiness" (the lowest temperatures the plant can withstand) and usually refers to this map to do so. An example would be: *Green Mountain Boxwood: hardy to Zones 5-9.*

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