

## Broom give you blisters? Hopefully they're from sweeping, not flying



**America's Heartland**  
**Roger Alford**  
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"I've gotten blisters from using this broom," a wife complained to her husband. "Well, next time just take the car," he responded. Delivering an insult like that, albeit a funny one, certainly isn't a good way to keep the peace. You realize, the Bible tells us that we are supposed to be peacemakers in this world that is so full of strife. "If it be possible, as much as lieth in you, live

peaceably with all men" (Romans 12:18).

I've been especially bothered of late with the hateful comments I've been seeing on Facebook and Twitter, especially when it comes to political issues. It seems people have no filters when it comes to leveling horrible, mean-spirited words toward others. You don't have to read far to find the kinds of pointed comments that could easily lead to physical altercations if they were to be delivered face-to-face.

And what's really heart-breaking is that people who regularly attend church can be found among those delving out hate. I can't begin to tell you how disappointed I've been in some of the people who are engaging in this kind of shameful behavior. They go off on politicians and celebrities, saying things that I doubt they'd ever consider saying in person. I can only assume they don't realize they're adding to the strife that has become so rampant in our generation.

Jesus calls for us to be better than this.

"Blessed are the peacemakers, for they shall be called children of God" (Matthew 5:9).

It's quite interesting what the Bible says in regard to those who cause strife.

"Have nothing to do with foolish, ignorant controversies; you know that they breed quarrels. And the Lord's servant must not be quarrelsome but kind to everyone" (2 Timothy 2:23-24).

The fact of the matter is, anyone who engages in or feeds the kind of strife we see daily online isn't very ladylike or gentlemanly and certainly isn't behaving as a Christian should.

These folks are the kind of people who could perhaps get blisters on their hands from using brooms – for something besides sweeping.

Roger Alford offers words of encouragement to residents of America's heartland. Reach him at rogeralford1@gmail.com.



## Times Remembered

**Betty A. Young**  
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I spent most of the Christmas holidays with bronchitis; it is never pleasant. I became hoarse, then a scratchy throat, and by Christmas day I barely got through dinner. I conceded the day after Christmas and gave up and went to the doctor on Wednesday. I received two shots and antibiotics. I'm still feeling tired and weak, but I'm better. I understand many are suffering from the flu/colds or the stomach virus. It's happening earlier this year. It is no fun!

I've thought and thought..... what I could write about..... since I love antiques; I decided to write about "Sad Irons." I'd say most young people probably never heard of "Sad Irons." "Sad Irons" are also called flat irons and are shaped pieces of heavy metal and polished on one side, with a handle attached. They were created for the purpose of ironing or de-wrinkling fabric.

I've heard my mother talk about using "Sad Irons." They did not have any electricity in her growing - days; until about 1942. What a gala day that was; irons were hot, heavy and miserable to use.

## Bronchitis for Christmas Sad Irons are treasures

Housewives of that time period must have thought the name came from how they felt after using the iron, which weighed 8 pounds or more. But the origin is "saed", a Scottish word meaning "heavy." Some people call them flat irons. (Not the hair flat irons).

Some sad Irons came with detachable handles and often came in sets of two. These irons came in many styles depending on how they were heated .....woodstove, gasoline, alcohol, charcoal, gas jets or iron slugs.

Housewives and maids put hot coals in charcoal-heated irons.....which were patented as early as 1800 and the ashes had to be removed often. If you had a fluted iron, you put hot slugs in the roller or placed the bottom of the sole plate on the stove.

Some irons were equipped with bells so wealthy families of the time could keep tabs on their help and make sure they were working.

Prices of irons varied. Small fluting irons sold for 65 cents, while large ones went for \$3.25. Sleeve and charcoal irons were 85 cents. A trivet was 4 cents. A wooden handle ranged

from 5 cents to 15 cents.

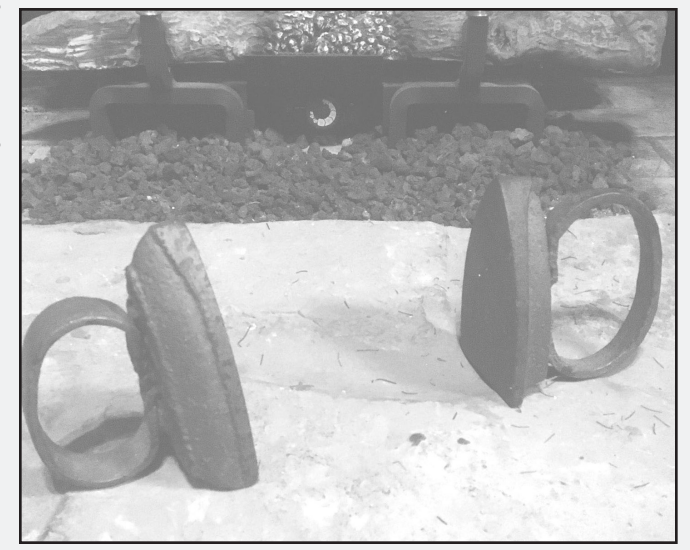
Today, trivets are priceless, and it's hard to find a handle that costs less than \$25.00.

My Mother gave me two "Sad Irons," several years ago and today they are antiques. Some are museum relics and very valuable. They aren't found at yard sales and flea markets much anymore.

"Sad Irons," were usually connected as instruments of drudgery. (Can you imagine ironing all day with those heavy irons)? Usually people had 3 or 4 and would rotate using them. They were placed on a wood stove to get hot again and when one became cool, you would get another hot one to use.

In the age of cordless steam irons and permanent press, few people ever think about sad irons. I display my two irons around my fireplace. I only use them to crack hickory nuts or English walnuts, or to drive a nail when the hammer is not close.

I treasure my irons, I feel blessed to be the caretaker of these precious pieces that belonged to my mother that are from an era long gone by.



## Young Receives BS from Berea

David Young of Irvine, KY received a Bachelor of Science in Business Administration from Berea College on December 20, 2017.

In a Recognition Ceremony held for Mid-Year Graduates on Sunday, December 10, 2017, Dawneda Williams, an honorary Berea College Trustee, addressed the graduating seniors.

Williams is an advocate and supporter of education-

al opportunities for young people in Appalachia and beyond.

Williams earned an undergraduate degree in Education from the University of North Carolina and Master of Arts in Education from the University of Virginia.

She taught various grade levels at schools in Virginia and Ohio early in her career.

She also was a founding trustee of the Appalachian

School of Law.

Williams served Berea College as a member of the President's Advisory Council or eight years, then served on the Berea College Board of Trustees for 11 years. She has continued as an honorary trustee for four years. Currently, she is a member of the Advisory Board of the University of Virginia at Wise and the UVA-Wise Foundation Board.

## Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336 Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

Tuesday, January 9th @ 6:00pm

### Information on Leo Club

The Leo Club is seeking civic-minded young men and young women from 12 to 18 years of age to join them in making a difference in the community.

The club is hosting an information session on January 9th at 6:00 p.m. at the Estill County Public Library for parents and their children who want to learn more about the club and its work.

The Leo Club is a branch

of the Lions Club International which is the largest service club organization in the world. Its 1.35 million members in more than 46,000 clubs are serving communities in 207 countries and geographical areas around the globe.

We want to Estill County to be part of this tradition. For more information please contact Ray Snowden or Chris Harris.

Friday, January 12th @ 12:30pm

### Estill Library Bridge Club

On Friday, January 12, 2018, we will be starting a Bridge Club at the Estill County Public Library beginning at 12:30 p.m. Patti Reese will be here to teach the fundamentals of the game.

This is open to all ages, and even if you know a little about bridge and would like to learn more, come on out to the Library and join us. For more information please call Lesa Ledford at 606-723-3030.

Saturday, January 13th @ 1:00pm

### Estill County Quilter's Club

On Saturday, January 13, 2018 the Quilter's Club will begin meeting at the Estill County Public Library and are looking for any beginners that would love to learn. The meetings are from 1 until 5 p.m. on the 2nd Saturday of each month.

If you have ever wanted to learn or have been quilting for years and would like to share what you know please come on out to this monthly meeting.

For more information please call the library at 606-723-3030 and speak with Lesa Ledford, Adult Services Librarian.

Happy New Year!!

## UK COOPERATIVE EXTENSION SERVICE

University of Kentucky - College of Agriculture



### Extension Notes

Family & Consumer Sciences

Thays Flores  
Estill County Extension Office

Thursday, January 11, 2018 @ 5:30pm

### Cooking Around the World - Italy

If you love to try new foods and learn about different countries, Cooking Around the World is a hands on program where we get to cook and taste different dishes from around the world and also learn about that country and their culture. You will learn how to prepare easy and delicious recipes that represent each country. The next program will highlight the foods and culture of Italy and will be on Thursday, January 11, 2018 at 5:30 p.m. at the Estill County Extension Office. During this program, participants will be learning how to make pasta from scratch and much more! If you would like to sign up for this program please call your Family and Consumer Sciences Agent, Thays Flores at 606-723-4557.

Tuesday, January 16th @ 6:30pm

### Estill County Lions Club

The Estill County Lions Club will meet Tuesday, January 16th and on the first and third Tuesday of every month at Rader's River Restaurant. The meal is at 6:30 p.m. and business meeting begins at 7 p.m.

Estill County Lions Club is part of Lions Club International, with 1.35 million members in 205 countries around the world.

## ESTILL GUN & PAWN

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## ESTILL LIBRARY BOOKMOBILE SCHEDULE

246 Main Street Irvine, KY - Call 723-3030

JANUARY 7-11, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mountain Crest Old Pike Millers Creek Cow Creek	Winston Trotting Ridge Sandhill Rice Station	Nursing Home Horizon Daycare Ravenna Wagersville Drip Rock	Spout Springs Hudson Mill Rd. Old/New Fox Hargett	South Irvine Early Learning Center

"Mommie & Me" and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

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**Bison**



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Friday & Saturday, 7 am-10 pm  
Sunday, 8 am-9 pm

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