Our 37th Year Serving Estill County!

<EstillTribune.Com> TheEstill Tribune

Member of Kentucky Press Association

6135 Winchester Road Irvine, Kentucky 40336-8517 Phone (606) 723-5012, Fax (606) 723-2743 Email: < news@estilltribune.com>

Published on Wednesdays by Tracy Randall Patrick Delores L. Rowland, Editor

Subscription Prices

Estill \$17, Adj. Counties \$28, Elsewhere \$32 Periodicals Postage Paid, Irvine, KY 40336 (Permit #685-890)

POSTMASTER: Send address changes to: The Estill Co. Tribune, 6135 Winchester Rd. Irvine, Kentucky 40336-8517



Maudie's Naughties Root Hog or Die

All of us country people know what that means, whether it pertains to the farm, or trying to get by in this bad economy. You have to have raised hogs and fed them to know the true meaning, but "Root Hog or Die" seems to have more meaning to all of us, every day. But did you know who was the first person whom the phrase was attributed to -- Davy Crockett in 1834. He reportedly said in his biography, "We know'd that nothing more could happen to us if we went than if we staid, for it looked like it was to be starvation any way; we therefore determined to go on the old saying, root hog or die."

Snow Plows

Trixie is spending a couple of weeks with a cousin in Lexington. The night before the expected snowfall, they overhear the weather announcer telling everyone on that street to park on the even side of the street so the snow plow can get through. Trixie moves her car to the even side of the

The next night, they hear the announcer tell them to move all cars to the odd side of the street so the snowplows can finish their job.

"I wish they'd make up their mind," says Trixie. "I'm getting tired of moving my car to one side of the street; then the other."

"Well," says her cousin, "Why don't you just put it back in the garage."

Football

Pa takes Junior and Howard to their first football game After the game, Pa asks them how they liked it and if they wanted to come back again.

"I don't think so," says Junior.

the quarter back!"

"Me neither," adds Howard. "I've never seen that big of a fight over such a piddly amount of money."

"What do you mean, fighting over money?" asks Pa. "You know," says Junior. "The 25 cents. They went out there and flipped a coin and after one team got it, the other team went after them screaming, 'Get the quarter back, get

Haircut

Trixie walks into the beauty shop wearing headphones and asks to get her hair cut.

"You'll have to take those earphones off." "I can't," answers Trixie. "I'll die if I take them off."

Trixie insists that she can't take the headphones off, so the hairdresser begins to cut Trixie's hair anyway. But it is very difficult with the headphones in the way, so, after a while, Trixie falls to sleep and the hairdresser decides to remove the headphones to make the job easier. Seconds after doing so, Trixie falls out of the chair into the floor. The hair dresser checks Trixie and sure enough, she isn't breathing. The hairdresser has now idea what to do, so she decides to check the headphones. She places them to her head and she hears, "Breathe in, breathe out, breathe in, breath out."

Visible Roots

Trixie and Mitzie become so sick of hearing blonde jokes that they cut and dye their hair. A few days later, as they are out driving around the countryside, Trixie stops the car to let a flock of sheep pass.

Admiring the cute woolly creatures, Mitzie says to the shepherd, "If I can guess how many sheep you have, can I take one?"

The shepherd, always the gentleman, says, "Sure!"

Mitzie thinks for a moment and, for no discernible reason, said, "268."

This being the correct number, the shepherd is, understandably, totally amazed, and exclaims, "You're right! O.K., I'll keep my end of the deal. Take your pick of my flock."

Mitzie and Trixie carefully consider the entire flock and finally they pick the one that is by far cuter and more playful than any of the others.

When she is done, the shepherd turns to her and says, O.K., now I have a proposition for you. If I can guess your true hair color, can I have my dog back?"

Milk Bath

Trixie is talking to a girl at work and can't help but notice how pretty and beautiful the co-worker's skin is. So she asks her outright what makes her skin so soft and beautiful. "Well, once a week I fill a bathtub up with milk and soak

in it." So Trixie picks up Mitzie and they drive out to the farm to

talk to Howard's dad about it. "I'd like to buy a lot of milk," says Trixie.

"How much?" asks Farmer Green.

"Well, quite a lot because I'm going to soak in it."

"Do you need pasturized?" he asks. "No," replies Trixie. "Just up to my shoulders." from Jackson Energy

Winter Weather Energy Tips

higher than normal energy use by members of Jackson and easier on their budget," says Combs. The rolling 12-Energy and other utilities across the region.

Jackson Energy is encouraging members to be aware month, which is associated with budget billing. of their energy use and take steps to help manage electric bills, which are also expected to be higher than usual as a result of the extreme cold weather.

"Our members can monitor their daily usage with our usage." free SmartHub app and see how much energy they are using at home," says Jackson Energy Manager of Member Here are some ways to cut back on home energy use: Services Karen Combs. "The app also shows the daily temperatures and you can see how the colder tempera-SmartHub app, visit www.smarthubapp.com.

Weather, especially cold weather, affects residential energy bills more than any other factor. Southeastern Kentucky temperatures will be at record lows this week and will dip into the single digits.

Heating claims about a 42 percent share of overall energy use in U.S. homes. Put simply, the temperature difference between the inside of your home and the air temperature outside is greater during the winter than in the summer.

The greater the temperature difference, the harder your heating system has to work to maintain a comfortable indoor temperature.

For example, if you want your house to be 70 degrees inside and it's 20 degrees outside, your HVAC system has to make up 50 degrees difference in temperature. Even on a 100-degree summer day, the HVAC system only has to make up about 30 degrees difference versus that 50-degree variance in winter.

Jackson Energy's website offers a free online energy Save.com. audit to assess your home's insulation level, heating system and other factors that influence your energy use. Called Billing Insights, the online program also offers member a free LED bulb for completing the survey.

One way to eliminate the winter billing peaks is to sign up for Jackson Energy's levelized billing program. Levelized billing uses a rolling 12-month average of your electric usage to calculate your monthly bill. "Levelized billing evens out the peaks of winter bills and provides

Kentucky Farm Bureau Scholarship Opportunities

Louisville, KY (January 24, 2019) – While Kentucky high school seniors are preparing for graduation, their thoughts are turning to the future. For many students, this means college – and finding a way to pay for tuition. Later this spring, the Kentucky Farm Bureau Education Foundation will award college scholarships ranging from \$400 to \$4,000 to 95 high school seniors pursuing a four-year de-

To be considered, students must complete the application available for download at kyfb.com/scholarships and return the requested material to KFB postmarked by February 28, 2019. Qualifying students will have at least a 3.5 grade point average (on a 4.0 scale) or a minimum 23 ACT score, be the child of a KFB member, and finish high school within the year in which they apply.

KFB also offers additional scholarships, ranging from \$1,000 to \$3,000. To be considered for these college scholarships, students must meet the varied criteria outlined for each, complete the appropriate downloadable application available at kyfb.com/scholarships and return the requested material to KFB postmarked by April 26, 2019.

"Education is a cornerstone of our organization." said Kentucky Farm Bureau President Mark Haney. "Helping our members and their children pay for college is an investment our organization makes to ensure a brighter future for Kentucky."

KFB's Education Foundation, created to help Farm Bureau members and their families reach their goal of obtaining post-secondary education, was formed in 1953. During the last 65 years, the Education Foundation has awarded thousands of scholarships – worth nearly three million dollars – to both traditional and non-traditional students. Last year, Kentucky Farm Bureau in partnership with county Farm Bureaus awarded 402 college scholarship grants totaling more than \$450,000.

To learn more about these and several other college scholarships offered by Kentucky Farm Bureau, visit kyfb. com/scholarships.

The unusually cold weather this week has resulted in our members with a monthly bill that is more predictable month average also eliminates the need for a catch up

> "We all can expect higher energy bills from the cold weather," says Combs, "but there are some simple steps we all can take around our homes to cut back on energy

9 Quick Tips to Use Less Energy

1. Find and seal all air leaks. Check for cracks near doors and windows, gaps around pipes and chimneys, tures impact their usage." For more information on the and any unfinished areas. Plug leaks with weather-stripping, caulk, or expandable foam.

2. Set your thermostat to 68 degrees, or install a programmable thermostat.

3. Close blinds and curtains at night; if sunny, open

them during the day. 4. Cover drafty windows yourself with easy, effective,

and inexpensive shrink-to-fit plastic. 5. Turn off lights when not in use. Replace incandescent light bulbs with LEDs, which use at least 75 percent

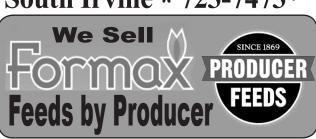
less energy. 6. Lower your water heater temperature to 120 degrees Fahrenheit.

7. Wash clothes in cold water, and use cold-water de-

tergent whenever possible. 8. Keep your garage door closed for a warmer garage

in winter, and cooler garage in summer. 9. Have your heating system inspected and serviced once a year.

To find more ways to save, go to www.TogetherWe-



Pet & Livestock Feed

Cracked Corn.....50 Lbs. Horse Feed50 Lbs. Rabbit Pellets 50 Lbs. 40% Hog Supplement .50 Lbs. Pig & Show 18%50 Lbs. Starter & Grower25 Lbs. Starter & Grower....25 Lbs. Layer Pellets 50 Lbs. Dog Food 50 Lbs. Mineral Block 50 Lbs. Salt Block50 Lbs. Pebble Lime50 Lbs. Pride Dog Food50 Lbs. Dry Molasses50 Lbs.

Garden Seed on the Way!!

Owlhead's Grocery

South Irvine * Phone 723-7473 Donald & Katherine Dixon, Owners We're open until 10:00 p.m.