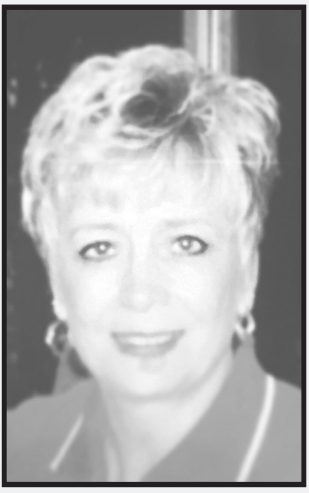


## Back to School



**Times Remembered**  
**Betty A. Young**

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Tomorrow, (Tuesday) the 6th is the first day back at school for Estill County. Many schools across the state are starting this week.

Back to school . . . do memories ring a bell? Remember when you would shop for school clothes, school supplies and get a haircut or perm.

Mom would take me shopping in downtown Irvine or sometimes in Richmond to get two or three new outfits and shoes. I wasn't hard to please; I just wanted something new. We shopped at Central Department Store, Boyd Hardy's Store and the Rite-Way store most of the time.

I remember one of the dresses in particular that I liked very much. It was white with red flowers and a red tie. I had my picture made in it in the 3rd grade. Many of my dresses were hand-me-downs from my older sisters plus Mom made most of our clothes unless it was a special occasion such as Easter and back to school dresses.

Remember when Mom would set your hair or slick back that stubborn cowlick in anticipation of the first day of school. You would sleep on brush hair curlers all night. Ouch! How did we do it? We even wore our hair in curlers to town with a scarf of fluffy hair net over them.

About a week before school started, I would have to get my hair cut short or get a perm. I

hated both. If I got a perm it was with those hot, electric curlers that resembled the electric chair, courtesy of Mamie Cox at Cox's Beauty Shop, or a bobbed hair cut by Bill Cox. I remember sitting on a stack of towels to even reach the blazing, hot devil machine. You better not complain that your ears and head were burning, because Miss Mamie would admonish you. When she was through with me I had kinky hair that wouldn't relax. I vowed never to get a perm when I got older; I still don't get perms to this day. The first day of school I looked like a poodle head; but I wasn't alone; obviously our mothers must have gotten together.

My 1st grade year was in a one-room school at Stump School; it used to sit near the coal wash on a hill. My Great Aunt Nell Black was my teacher. Boy . . . was she strict. She had many rules, but she was an excellent teacher. We need more teachers like her today. But teachers do not have any authority now days.

My second year I went to Hargett Elementary, the principal was Mr. John D. Witt, who carried a paddle with him at all times. He meant business! Everyone feared him. My 2nd grade teacher was Mrs. Lillian Isaacs. She was a sweetie and I learned to write that year. Third year was Mrs. Edith Harris, she was very strict and Mrs. Opal Richardson was my 4th grade teacher. She loved music and had a beautiful voice. I acquired a love for music that year. We sang every morning and said the Pledge of Alliance and the Lord's Prayer.

By 7th grade I went to Ravenna Elementary, which was a very good school; I learned many things that were beneficial to my high school classes. Such as: required reading, research papers and oral book reports. Public speaking and proper language were taught; things I had nev-

er done. I had Mrs. Gross, Mrs. Feltner, and Mr. Villers. We changed classes and I learned more that year than any other year. 8th Grade was Mrs. Rice, who was a great teacher, at West Irvine.

After I retired from my position as Equal Employment Manager at Blue Grass Army Depot, I thought I wanted to substitute teach. I tried substituting a few times and after I found out how some kids behave, I said no; this is not for me.

Middle schoolers were the worst; some wouldn't even bring their books or pencil and paper to class. They would put their heads on the desk and not even pay attention. The kids that want to learn get short changed because of the ones that won't work in class. Then parents wonder why they are failing? Many act like it's the teachers fault.

My Daddy always told me I had better work in class and do what the teacher, coach or any other authoritative figure told me to do, and if I didn't I'd get a good whipping when I got home. Parents don't enforce rules like that anymore. It's, "Oh! Honey it will be alright, I know you did your work and practiced, and you are the best player/student on the team, you didn't do anything wrong, he or she is just a bad teacher/coach and just picking on you." Bologna!! That is what's wrong with world today; parents defend their kids no matter what they do; they are petted and pampered and don't have chores, discipline; or are never made to do anything. Some even tell their parents what to do.

School will be starting this week here and we all must be more observant of children crossing streets and school buses loading and unloading. I hope this is a great year for everyone. Work hard in class to learn . . . it will benefit you now and later in life to acquire a career that you love and will enable you to contribute to society.

## God loves an underdog, just ask little David or the giant he defeated



**America's Heartland**  
**Roger Alford**

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You might have heard about the two psychiatrists who, while walking down the road one day, encountered a man lying in the ditch, covered with cuts and bruises from a terrible beating. One of the psychiatrists looked at the other and said, "Whoever did this really needs our help."

It's strange how a psychiatrist could have a perspective very different from that of, say, a medic, who would have looked upon the same scene and have no thought other than that the man in the ditch needs his help.

People's perspectives on life often differ, and it's can be hard for us to

understand how someone could have views that are so diametrically opposed to our own. I got to thinking about that the other day as I read about the famous encounter between David and Goliath.

David, the youngest boy in his family, was certain he could defeat the nearly 10-foot-tall giant. From David's perspective, there would be no contest. After all, he was on God's side.

The giant, who had been a man of war since his youth and who had fought many battles and defeated many men, was certain he'd squash little David like a bug. From Goliath's perspective, David would be no challenge whatsoever.

The Philistine army had every confidence that their champion, Goliath, would be victorious. He was the biggest, toughest soldier they had. From their perspective, the fight, if you could call it that, would be over quickly with Goliath shoving a huge spear though David, then hacking him to bits with his mighty sword.

I expect soldiers in the Israelite army had no confidence in David.

From their perspective, he was a pipsqueak, an upstart. Goliath would tear him apart.

But it was God's perspective that mattered. God knew very well the perspectives of everyone on the scene that day. He looked into the hearts of the Israelite soldiers and saw the fear that paralyzed them. He saw the cockiness of Goliath and his army. And he saw the faith of little David who had no doubt whatsoever that his God was able to use him to defeat the giant. So God did something that has been talked about through the generations. He made a great hero of a little shepherd boy by allowing him to defeat the giant.

Instead of being frightened out of our wits by the giants in our paths, let's seek God's perspective. When the odds seem stacked against us, that's when God is at his best. He loves to show up in those situations and do something that no one would have ever expected. He loves to give victory to the underdogs.

*Roger Alford is pastor of South Fork Baptist Church in Owenton, Kentucky.*

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## Madison County Farmers Market celebrates National Farmers Market Week at EKU

The Madison County Farmers Market joins markets across Kentucky in celebrating National Farmers Market Week from August 4 - 10, 2019. On August 8, join more than 35 vendors from throughout the Bluegrass region of Kentucky at Eastern Kentucky University's alumni coliseum parking area to enjoy the sights, sounds and tastes of locally grown, harvested and processed fruits, vegetables, meats, eggs, and more. Sample a variety of sweets and savories as agricultural producers showcase their field-ripened, pasture-raised and home-based crops and products; listen to music by local artist, Terry Cox and friends; and take home an assortment of freshly harvested produce. Festivities begin at 9 AM and conclude at 1 PM on Thursday, August 8.

"With more than \$10 million in gross sales reported last year by vendors at markets in 113 counties, we have a lot to be proud of this National Farmers' Market Week. I hope Kentuckians of all backgrounds will visit a farmers market in their community...", said Kentucky Agriculture Commissioner Ryan Quarles.

The Madison County Farmers Market began in 1996 and currently hosts 35 agricultural producers selling a wide variety of products including pasture raised pork, beef, goat, and poultry; free range chicken, duck, turkey and quail eggs; watermelon, zucchini, eggplant, okra, onions, cabbage, beets, pawpaws, apples, peaches, tomatoes, and blueberries; spicy sauces, sweet preserves, pickles and relishes, salsas and spreads; breads, scones, and rolls; and a variety of hand-crafted wares. To date, the Madison County Farmers Market for 2019

has generated more than \$65,650 in gross sales from May 18 through July 28 and reached more than 8,500 customers, a valuable economic boost for the local community.

Operated with community support from local businesses including Jack Burford.com, Miller's Tire Too, Peoples Bank of Madison County, First Southern National Bank, Community Farm Alliance and First Gear; the Madison County Farmers Market offers "Double Dollars" for WIC and Senior Farmers Market Nutrition Program participants.

"Farmers markets are a cornerstone of a healthy community and local economy," says James Cochran, Farmers Market Support Program Manager at Community Farm Alliance. "Farmers Markets provide a space for the buying and selling of the best local food not only for farmers, but also budding entrepreneurs, bakers and artisans. Most of all, they are a community gathering space for neighbors to enjoy and engage with their town or neighborhood."

The Madison County Farmers Market operates annually providing Richmond and surrounding communities with seasonally fresh local vegetables, fruits, meats, eggs, and more! The Madison County Farmers Market has both indoor and outdoor locations throughout the year. Operating indoors from mid October to mid May on Saturdays and outdoors on Thursdays and Saturdays from Mid May to mid October. All markets are open 9 AM to 1 PM. To learn more about the Madison County Farmers Market, visit our website at [www.madisonkyfarmersmarket.com](http://www.madisonkyfarmersmarket.com) or follow our FB page.

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